

## A1 Milk Needle in a Haystack

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This article has expressed the importance of desi cow milk that is A2 milk as complementary and alternative medicine. Milk has fully accepted as an essential and extraordinary importance, it has contrast medicine. It can be nutraceutical medicine with extra health benefits in addition to the basic nutritional value. There are two types of milk. A1 milk which is produce by jersey, holstein and there is a indian version desi cow which has hump on his back that cow is source of A2 milk. The hump in vedic cow has a specific vein called surya ketu nadi, which is absent in non-vedic cows that is A1 milk. This nadi (vein) absorbs all the energies and radiation from sun, moon, and all luminaries from universe and puts them in cow like milk, dung, ghee (clarified butter). Desi cow has vein connected to sun passing through her backbone sebam gland, it has believed to that this nadi absorbs the medicinal essence from the sun and found in A2 milk. The claim by Canadian Society in the present issue of the European Journal of Clinical Nutrient of immune deficiency cannot be dismissed merely on technical context. It is possible that along with A2 cow milk the immune response of the aging human may have eventually helped in clearing clinical consequences? Not yet. The Author themselves have been cautious in their interpretation and have not ruled out false positive results in A1 milk deprivation, different approaches are currently being followed in an attempt to stimulate the immunity and A2 supplementation in old age human. Desi cow milk has made it possible for immune deficiency in old age human to lead a normal life by keeping immune booster and immune system multiplication for a long time, thus effectively making immune disease that can be kept under control by lifelong treatment. This has been possible due to availability of alternatives as A2 milk. Although researchers looked for all old age, there is need for parallel attempts to build immunity-

structure to make a reliable alternative medicine. Different approaches are currently being followed in an attempt to stimulate the immunity as old age experience a relative decrease in bioavailability by western A1 milk as they age. Bone loss, decrease muscle mass, reduced cognitive ability and diminished libido are all consequences of aging. Also with the A1 beta casein, there's a release of a 'peptide' which a small fragment of protein called Beta-Caso-Morphin-7 the devil in the A1 milk. The BCM7 is an opioid (psychoactive chemical) and when it gets through from the stomach into the blood, it can cause all sorts of additional problems by A1 milk. Desi Cow milk has amino acids which makes its protein easily digestible and is good for kidney. A2 milk of Indian humped cows is beneficial as it has micronutrients like cytokine, A2 beta casein protein and minerals which enhance the immune system. Most of the desi cows produce A2 milk and considered nutritious, rich in alpha-2 casein proteins which is useful for healthy living and immune builder, so reconsideration may be needed for to provide a chance for A2 milk treatment, in old age human. Thus use of A2 milk in the old age population remains scientific and supported, other than by A1 milk evidence (a recent study made by Russian scientist Truswell AS has confirmed this). These findings raise the issue related to benefit from A2 milk defined and physicians need to confirm negative status of A1 milk. So use the only desi cow milk is the divine living being that provides immunity power by increasing resistance power against diseases in human body. Hopefully, the future will allow physician to determine what will be served by this novel complementary medicine. Organizations such as The Age Melbourne are further confirmed in larger clinical studies. Hence these findings are extremely significant and need to be followed by larger and controlled studies. The paper will indeed generate discussion on this important advancement.

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Received May 03, 2017; Accepted May 12, 2017; Published June 01, 2017

Citation: Hajare R (2017) A1 Milk Needle in a Haystack. J Tradit Med Clin Natur 6: e133. doi: [10.4172/2573-4555.1000e133](https://doi.org/10.4172/2573-4555.1000e133)

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