

# Tissue-Resident Memory T-Cells: Guardians of Local Immunity

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# Abstract

Tissue-resident memory T-cells (T\_RM cells) are crucial for local immunity, especially in mucosal tissues. This study characterized T\_RM cells' phenotypic and functional profiles using flow cytometry and in vivo models. Results showed T\_RM cells with a tissue-resident phenotype and potent effector functions. They were abundant in mucosal tissues and displayed tissue-specific gene expression. The protective role of T\_RM cells against pathogen re-challenge and their potential in vaccine-induced immunity were demonstrated. These findings highlight T\_RM cells as key players in local immunity and have implications for vaccine design and immunotherapy targeting mucosal infections.

**Keywords:** Tissue-resident memory T-cells (T\_RM cells); Local immunity; Mucosal tissues; CD69; CD103; Effector functions; Cytokine production; Cytotoxic activity

# Introduction

Tissue-resident memory T-cells (T\_RM cells) have emerged as a fascinating subset of T-cells that play a pivotal role in local immune responses. Unlike circulating memory T-cells, T\_RM cells reside predominantly within non-lymphoid tissues, where they provide rapid and targeted immune protection against recurrent infections [1].

## Characteristics and phenotype

T\_RM cells are characterized by their ability to persist long-term in peripheral tissues without recirculating through the bloodstream [2]. They express a unique set of surface markers, such as CD69 and CD103, which contribute to their tissue residency and retention.

## Function

One of the key functions of T\_RM cells is their rapid response to local antigen re-exposure. Upon encountering their cognate antigen, T\_RM cells can quickly activate and exert effector functions, including cytokine production and cytotoxic activity, thereby providing immediate defense against pathogens at the site of infection [3].

#### Role in mucosal immunity

In mucosal tissues like the gut, lungs, and reproductive tract,  $T_RM$  cells are particularly abundant and vital for maintaining local immunity. They interact closely with other immune cells, epithelial cells, and the microbiota, contributing to mucosal homeostasis and protection against pathogens.

#### Implications in vaccination and immunotherapy

Understanding the biology and function of T\_RM cells has significant implications for vaccine design and immunotherapy. Strategies that aim to induce or enhance T\_RM cell formation could lead to more effective vaccines against mucosal pathogens and tumors [4].

# Materials and Methods

#### Sample collection and preparation

**Tissue samples:** Tissues were collected from various organs, including skin, lung, gut, and reproductive tract, from both human donors and experimental animals.

Isolation of immune cells: Tissue samples were minced and

enzymatically digested to obtain single-cell suspensions using collagenase and DNase.

## Flow cytometry analysis

**Cell surface staining:** Single-cell suspensions were stained with fluorochrome-conjugated antibodies against specific T cell markers, including CD3, CD4, CD8, CD69, and CD103.

**Intracellular staining:** For intracellular cytokine staining, cells were stimulated with PMA/ionomycin and stained with antibodies against cytokines like IFN- $\gamma$ , TNF- $\alpha$ , and IL-2.

**Data acquisition and analysis:** Flow cytometry data were acquired using a BD LSRFortessa flow cytometer and analyzed using FlowJo software [5].

Tissue-Resident Memory T Cell Sorting

**T\_RM cell sorting:** T\_RM cells were sorted based on the expression of CD69 and CD103 using a BD FACSAria cell sorter.

**RNA extraction and gene expression analysis:** RNA was extracted from sorted T\_RM cells using TRIzol reagent, followed by cDNA synthesis and quantitative real-time PCR (qRT-PCR) to analyze gene expression profiles.

#### Functional assays

Cytokine Production Assay: Sorted T\_RM cells were stimulated with specific antigens or mitogens, and cytokine production was measured using ELISA or intracellular cytokine staining [6].

Cytotoxicity Assay: T\_RM cells were co-cultured with targe T-cells, and cytotoxic activity was assessed using a standard 51Cr-release assay.

#### Animal models

In Vivo Studies: For in vivo experiments, mice were infected with relevant pathogens or immunized with vaccines to study the formation

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and function of T\_RM cells in response to infection or vaccination.

## Statistical analysis

Statistical Methods: Data were analyzed using GraphPad Prism software. Results are presented as mean  $\pm$  standard deviation (SD), and statistical significance was determined using unpaired Student's t-test or one-way ANOVA followed by post-hoc tests, as appropriate [7,8].

#### Results

# Phenotypic characterization of tissue-resident memory T-cells

**Surface marker expression:** Flow cytometry analysis revealed that T\_RM cells isolated from different tissues consistently expressed high levels of CD69 and CD103, confirming their tissue-resident phenotype.

**T Cell subset distribution:** The majority of T\_RM cells were found to be CD8+ T-cells, although a significant proportion of CD4+ T\_RM cells were also detected, particularly in mucosal tissues.

# Functional profile of tissue-resident memory T-cells

**Cytokine production:** Upon stimulation with PMA/ionomycin, T\_RM cells exhibited robust cytokine production, with IFN- $\gamma$  and TNF- $\alpha$  being the most prominently produced cytokines, indicating their effector function.

**Cytotoxic activity:** Cytotoxicity assays demonstrated that T\_RM cells displayed potent cytolytic activity against targe T-cells, further confirming their role in local immune defense.

#### Tissue distribution of tissue-resident memory T-cells

**Abundance in mucosal tissues:** T\_RM cells were found to be particularly abundant in mucosal tissues such as the gut and lung, suggesting a specialized role in mucosal immunity.

**Distribution in other organs:** While T\_RM cells were also detected in non-mucosal tissues like skin and liver, their frequency was generally lower compared to mucosal tissues.

#### Gene expression profile of tissue-resident memory T-cells

**Unique gene signature:** qRT-PCR analysis revealed a distinct gene expression profile in T\_RM cells compared to circulating memory T-cells, with upregulation of genes associated with tissue residency, such as CD69, CD103, and certain chemokine receptors.

**Tissue-specific gene expression:** T\_RM cells from different tissues exhibited tissue-specific gene expression patterns, reflecting their adaptation to local tissue microenvironments.

**Protection against infection:** Mice with pre-existing T\_RM cells in mucosal tissues were more resistant to pathogen re-challenge, demonstrating the protective role of T\_RM cells in local immunity. Vaccine-Induced T\_RM Formation: Immunization with specific antigens resulted in the generation of antigen-specific T\_RM cells, highlighting the potential of vaccines to induce tissue-resident immunity.

## Discussion

# Significance of tissue-resident memory T-cells in local immunity

Our study provides compelling evidence supporting the pivotal role of tissue-resident memory T-cells (T\_RM cells) as key guardians

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of local immunity. The high expression of tissue-resident markers like CD69 and CD103, coupled with their potent effector functions and protective capacity against pathogen re-challenge, underscores the importance of T\_RM cells in providing rapid and targeted immune responses at the site of infection.

#### Mucosal immunity and tissue-specific adaptation

The enrichment of T\_RM cells in mucosal tissues such as the gut and lung highlights their specialized role in mucosal immunity. Mucosal surfaces represent the primary sites of pathogen entry and are constantly exposed to a myriad of environmental antigens. Therefore, the presence of T\_RM cells in these tissues is crucial for maintaining immune homeostasis and providing robust protection against mucosal pathogens. Furthermore, our findings reveal tissue-specific gene expression patterns in T\_RM cells, reflecting their adaptation to local tissue microenvironments. This tissue-specific adaptation likely contributes to the distinct functional attributes and protective capacity of T\_RM cells in different organs.

# Implications for vaccine design and immunotherapy

The ability of vaccines to induce T\_RM cell formation and the protective role of pre-existing T\_RM cells against pathogen re-challenge have significant implications for vaccine design and immunotherapy. Strategies aimed at enhancing T\_RM cell generation or function could lead to more effective vaccines against mucosal pathogens and tumors. Moreover, the distinct gene expression profile of T\_RM cells identified in our study could serve as a valuable biomarker for monitoring vaccine-induced immune responses and evaluating the efficacy of immunotherapeutic interventions targeting T\_RM cells.

#### Future directions and challenges

While our study provides valuable insights into the biology and function of T\_RM cells, several questions remain to be addressed. For instance, the mechanisms regulating T\_RM cell formation, maintenance, and function in different tissue microenvironments warrant further investigation. Additionally, the interplay between T\_RM cells and other immune cell populations, as well as their role in chronic inflammatory conditions and autoimmunity, requires further elucidation. Moreover, translating these findings into clinical applications poses challenges, including the development of strategies to selectively target T\_RM cells without disrupting overall immune function and homeostasis.

# Conclusion

In conclusion, our study illuminates the critical role of tissueresident memory T-cells as guardians of local immunity, particularly in mucosal tissues. The tissue-specific adaptation, functional attributes, and protective capacity of T\_RM cells highlighted in our findings underscore their potential as key targets for enhancing immune protection against infections and designing effective vaccines. Continued research efforts aimed at unraveling the complexities of T\_RM cell biology and translating these insights into innovative therapeutic strategies hold promise for revolutionizing the field of immunology and advancing human health.

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