

Replacement of Regular Synthetic Sanitary Napkins by Organic Ones: an Initiative by Indmallow

Mohammad Noori*

Department of Pharmacy, Raghu Educational Institute, India

Abstract

Periods are one of the major part of the women life. As considered by many it is not a impure deed but it is very crucial for existence of the race. As the menstrual cycle is part of the reproductive health. There are many people who use cloths during the cycle, which is very unhygienic. Many use sanitary pads which are made up of artificial chemicals and plastics. These kind of sanitary napkins take around 500-800 years to decompose and cause a threat to the environment and they also contain several chemicals which are harmful for the health. These Organic Sanitary Napkins are an initiative by Ind Mallow to protect the nature as well as health of people.

Introduction

Regular sanitary pads have a lot of plastic content and can cause skin irritation and allergic reactions. DIOXIN is a chemical used to bleach the cotton and cellulose, wood pulp to give white color. This chemical does not get eliminated from the product on which it is used and find its way to your body. Even at low doses, Dioxin finds its ways into your fat tissues and pose several health threats. The nature of Dioxin to get accumulated in your body has the potential to cause cancers like Cervical Cancer and Ovarian cancer.

Ind Mallow has come up with the Organic Sanitary napkins. Organic pads contain an absorbent cellulose core which locks away menstrual fluid to keep you dry, and a soft organic cotton cover that allows your skin to breathe. Sanitary Pads and Liners that have an organic plant based top cover with corn, Bamboo, Wood, Banana, Jute Pulp or cellulose Absorbent etc., and thus free from any plastics, chlorine, latex, Rayon, chemical additives or dyes are classified as biodegradable pads. This makes them fully compostable and lessens the accumulation of plastic waste.

Description

Benefits of Organic Sanitary Pads

Basic hygiene: The organic biodegradable sanitary Pads have an efficient absorbent cellulose core which is better to keep you dry.

Rash free: The Sensitive Skin around the genitalia does not react and hence the user is free from RASHES as the material does not contain any chemicals.

Cleanliness: The organic pads are made from substances that are free from any contamination, and they do not harm the reproductive parts.

Plastic free: By choosing Organic biodegradable sanitary pads you have chosen a product that is free of any plastic. This makes it skin friendly and obviates health hazards.

Eco-friendly: It is well known that plastics do not decompose in nature easily and it is estimated that they may take upto 500 years to break down completely. Natural Sanitary pads are biodegradable and decompose within 2 years of disposal.

Chemical free: The organic sanitary pads are free of harmful chemi-

cals as it is not bleached in chlorine or contain dioxin that may cause dangerous disease like cervical cancer, miscarriage, birth defect in offsprings and UTIs. It makes use of pads safer for you in every aspect.

Ind Mallow

- We IND MALLOW come up with the idea of Organic Products which include Organic Sanitary Pads.
- These Sanitary pads are made up of Plant Based Top sheet.
- These are 100% cotton and 100% Biodegradable.
- The Main Moto for launching this is to safety of women as well as safety for environment.

Acknowledgement

None

Conflict of Interest

The author has no potential conflicts of interest.

*Corresponding author: Mohammad Noori, Department of Pharmacy, Raghu Educational Institute, India, E-mail: contact@Indmallow.com

Received: 03-Jan-2022, Manuscript No. jcmhe-22-56868; **Editor assigned:** 05-Jan-2022, PreQC No. jcmhe-22-56868 (PQ); **Reviewed:** 19-Jan-2022, QC No. jcmhe-22-56868; **Revised:** 24-Jan-2022, Manuscript No. jcmhe-22-56868 (R); **Published:** 31-Jan-2022, **DOI:** 10.4172/2168-9717.1000735

Citation: Noori M (2022) Replacement of Regular Synthetic Sanitary Napkins by Organic Ones: an Initiative by Indmallow. J Comm Med Health Educ 11:735.

Copyright: © 2022 Noori M. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.