



Understanding the Six Stages of Caregiving, an Overview

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Abstract

Caring for a person with one of the many forms of dementia is complicated, long lasting and stressful. In order to provide timely, accurate and compassionate care, one must understand not only what is needed in a specific stage, but what to prepare for as disease progresses. In this presentation, participants will be provided an overview of each stage and an introduction to managing the challenges presented. All too often caregivers die before the person in care. Educating caregivers is critical to addressing this often overlooked, very important aspect of dementia care management.

Biography

Bobbi Carducci, CCC, CCE is a Certified Caregiving Consultant and Certified Caregiving Educator with over eighteen years of experience. She is the author of two books for caregivers, *Confessions of an Imperfect Caregiver* and *Caregiver You Are Not Alone*. She is the co-host of the podcast, *Rodger*. That show, the podcast dedicated to guiding you through the haze of dementia. She presents regularly at caregiver conferences and interacts with caregivers regularly as a caregiver support group leader.

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