

## RNA Processing: The Key to Functional Gene Expression

Philip Joneson\*

Department of Molecular and Human Genetics, College of Medicine, United States

### Introduction

RNA processing is a crucial step in gene expression that occurs after transcription and before translation. It involves a series of modifications that convert the initial RNA transcript, called precursor mRNA (pre-mRNA), into a mature mRNA molecule capable of being translated into proteins [1]. This process is vital for the proper functioning of cells, as it allows for the accurate expression of genes and ensures that the right proteins are made at the right time. RNA processing plays a central role in regulating gene activity and contributes to cellular diversity by generating different mRNA isoforms from a single gene through processes like alternative splicing.

### Key Steps in RNA Processing

RNA processing is primarily carried out in the nucleus of eukaryotic cells. The main steps involved include capping, splicing, and polyadenylation, each of which is essential for the maturation of mRNA. Additionally, RNA [2] editing can modify the nucleotide sequence of the RNA itself. Let's explore these processes in more detail:

#### 5' Capping

The first modification that occurs after the initiation of transcription is the addition of a 5' cap. This 7-methylguanosine cap is added to the 5' end of the nascent pre-mRNA [3] shortly after transcription begins. The 5' cap serves several important functions:

**Protects the RNA from degradation:** The cap prevents the RNA molecule from being recognized and degraded by exonucleases.

**Facilitates nuclear export:** The 5' cap is involved in the transport of the RNA from the nucleus to the cytoplasm [4].

**Regulates translation initiation:** The cap helps ribosomes recognize the mRNA for translation.

Without this capping process, mRNA would be unstable, and translation would be less efficient or may not occur at all.

#### Splicing

In eukaryotic cells, genes are often composed of exons (coding sequences) and introns (non-coding sequences). After transcription, the pre-mRNA consists of both exons and introns, but the introns must be removed to create a functional mRNA [5]. This process is known as splicing, and it is performed by a complex molecular machine called the spliceosome, which recognizes specific sequences at the intron-exon boundaries.

The spliceosome removes the introns by cutting the RNA at the junctions between exons and introns and then rejoining the exons to form a continuous coding sequence [6]. This results in a mature mRNA that is ready for translation. The process of splicing is highly regulated, and errors in splicing can lead to diseases such as spinal muscular atrophy and various types of cancer.

Furthermore, alternative splicing is a process in which different combinations of exons are joined together, leading to the production of multiple mRNA variants from a single gene. This contributes to the

diversity of proteins that a cell can produce, increasing the functional complexity of the genome.

### Polyadenylation

The final major step in RNA processing is the addition of a poly(A) tail to the 3' end of the mRNA. This polyadenine (poly(A)) tail consists of a string of adenine nucleotides and plays [7] several important roles:

**Stabilizes the mRNA:** The poly(A) tail protects the mRNA from degradation by exonucleases in the cytoplasm.

**Regulates translation:** The length of the poly(A) tail can influence the efficiency of translation. A longer poly(A) tail is generally associated with more stable and efficiently translated mRNA.

**Facilitates mRNA export:** The poly(A) tail helps in the transport of mRNA from the nucleus to the cytoplasm.

Polyadenylation occurs after transcription and is one of the last modifications that the pre-mRNA undergoes before it is considered mature and ready for translation.

### RNA Editing

In addition to the canonical processes of capping, splicing, and polyadenylation, some RNA molecules undergo RNA editing [8]. RNA editing involves changes to the nucleotide sequence of the RNA itself, leading to variations in the final mRNA product. One common form of RNA editing is adenosine-to-inosine (A-to-I) editing, where adenosines in the RNA are converted to inosines by the enzyme ADAR (adenosine deaminases acting on RNA).

RNA editing can result in changes to the encoded protein, altering its function or stability. This mechanism is especially important in the regulation of the nervous system and in immune response. For example, RNA editing in the Kambin receptor allows for functional diversity in neurotransmission.

### RNA Processing and Gene Expression Regulation

RNA processing is not just a molecular necessity; it is also a key mechanism for regulating gene expression. The ability to produce different mRNA isoforms through alternative splicing allows a single gene to produce multiple protein variants, each with potentially distinct functions [9]. This adds an additional layer of complexity to gene

\*Corresponding author: Philip Joneson, Department of Molecular and Human Genetics, College of Medicine, United States, E-mail: joneson@gmail.com

**Received:** 01-Jan-2025, Manuscript No: cmb-25-160029; **Editor assigned:** 04-Jan-2025, PreQC No: cmb-25-160029 (PQ); **Reviewed:** 18-Jan-2025, QC No: cmb-25-160029; **Revised:** 25-Jan-2025, Manuscript No: cmb-25-160029 (R); **Published:** 30-Jan-2025, DOI: 10.4172/1165-158X.1000370

**Citation:** Philip J (2025) RNA Processing: The Key to Functional Gene Expression. Cell Mol Biol, 71: 370.

**Copyright:** © 2025 Philip J. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

regulation and helps cells fine-tune their responses to environmental signals.

Moreover, RNA processing can influence the stability of mRNA. For instance, the length of the poly(A) tail can determine how long an mRNA remains intact in the cell, thus controlling the duration of protein production. Additionally, the presence of RNA-binding proteins can modulate the processing steps, ensuring that mRNA is only processed and exported when necessary for specific cellular functions.

In some cases, defects in RNA processing can lead to disease. For example, mutations in the spliceosome components or improper alternative splicing can result in inherited diseases such as cystic fibrosis and muscular dystrophy [10]. These diseases are often linked to the misregulation of mRNA splicing, underscoring the critical importance of accurate RNA processing for health.

## Conclusion

RNA processing is a vital and intricate set of steps that ensures the stability, diversity, and functionality of the mRNA molecules that drive gene expression. From the addition of the 5' cap and poly(A) tail to the precise removal of introns through splicing, these modifications are essential for the production of functional proteins. Furthermore, RNA editing and the regulation of mRNA stability allow cells to respond to changes in their environment and maintain cellular homeostasis.

The complex regulation of RNA processing plays a critical role in cellular function and development. Disruptions in these processes can lead to a variety of diseases, making RNA processing an important focus of research in genetics and molecular biology. Understanding these mechanisms offers the potential for developing targeted therapies to correct or compensate for RNA processing defects, providing new avenues for treating genetic disorders and other diseases.

## References

- Valkenburg PM, Peter J (2011) Online Communication Among Adolescents: An integrated Model of its Attraction opportunities and risks. *J Adolesc Health* 48: 121-127.
- Gibb BE, Hanley AJ (2010) Depression and interpersonal stress generation in children: Prospective impact on relational versus overt victimization. *Inter J Cognitive Ther* 3: 358-367.
- Wang J, Nansel TR, Iannotti RJ (2011) Cyber and traditional bullying: Differential association with depression. *J Adolesc Health* 48: 415-417.
- Mitchell KJ, Ybarra M, Finkelhor D (2007) The relative importance of online victimization in understanding depression, delinquency, and substance use. *Child Maltreat*. 12: 314-324.
- Kroenke K, Spitzer RL (2002) The PH-9: A new depression diagnostic and severity measure. *Psychiatric Annals* 32: 509-515.
- Kroenke K, Spitzer RL, Williams JB (2001) The PHQ-9: validity of a brief depression severity measure. *J Gen Intern Med* 16: 606-613.
- Gamez-Guadix M, Orue I, Smith PK, Calvete E (2013) Longitudinal and Reciprocal Relations of Cyberbullying with Depression, Substance Use, and Problematic Internet Use Among Adolescents. *J Adolesc Health* 53: 446-452.
- Gibb BE, Abela JR (2008) Introduction to special issue: Cognitive vulnerability to depression in children and adolescents. *Inter J Cognitive Ther* 1: 281-283.
- Morris MC, Kouros CD, Hellman N, Rao U, Garber J (2014) Two Prospective Studies of Changes in Stress Generation across Depressive Episodes in Adolescents and Emerging Adults. *Dev Psychopathol* 26: 1385-1400.
- Gonzalez Diez Z, Calvete E, Riskind JH, Orue I (2015) Test of a Hypothesized structural model of the relationships between cognitive style and social anxiety: A 12-month prospective study. *J Anxiety Disord* 30: 59-65.
- Rushing JM, Jones LE, Carney CP (2003) Bulimia Nervosa: A Primary Care Review. *Prim care companion J Clin Psychiatry* 5: 217-224.
- Hoek HW, Van Hoeken D (2003) Review of the prevalence and incidence of eating disorders. *Int J Eat Disord* 34: 383-396.
- Dingemans AE, Bruna MJ, Van Furth EF (2002) Binge eating disorder: a review. *Int J Obes Relat Metab Disord* 26: 299-307.
- Agh T, Kovacs G, Pawaskar M, Supina D, Inotai A, et al. (2015) Epidemiology, health-related quality of life and economic burden of binge eating disorder: a systematic literature review. *Eat Weight Disord* 20: 1-12.
- Le LK, Hay P, Mihalopoulos C (2018) A systematic review of cost-effectiveness studies of prevention and treatment for eating disorders. *Aust N Z J Psychiatry* 52: 328-338.
- Carter A Kevin, Hathaway E Nathanael E, Lettieri F Christine F (2014) Common sleep disorders in children. *Am Fam Physician* 89: 368-377.
- Machado E, Dal-Fabbro C, Cunali PA, Kaizer OB (2014) Prevalence of sleep bruxism in children: a systematic review. *Dental Press J Orthod* 19: 54-61.
- Graci GM, Hardie JC (2007) Evidenced-based hypnotherapy for the management of sleep disorders. *Int J Clin Exp Hypn* 55: 288-302.
- Hauri PJ, Silber MH, Boeve BF (2007) The treatment of parasomnias with hypnosis: a 5-year follow-up study. *J Clin Sleep Med* 3: 369-373.