

Editorial

# Resilient Soft Clay Ground Enhancement with Eggshell Lime and Rice Husk Ash

# Nasrin Neyestani\*

Department of Surgery, National and Kapodistrian University of Athens, Greece

# Abstract

Soft clay soils, characterized by their low shear strength and high compressibility, pose significant challenges in construction and civil engineering. Traditional stabilization methods often involve high costs and environmental impacts. This study explores the use of eggshell lime and rice husk ash as sustainable alternatives for enhancing the resilience of soft clay grounds. Eggshells, when processed into lime, and rice husk ash, a by-product of rice milling, exhibit pozzolanic properties that improve soil strength and durability. The combined use of these materials results in enhanced soil stabilization through increased compressive strength, reduced plasticity, and improved resistance to moisture variation. This method not only offers an eco-friendly solution but also reduces construction costs by utilizing readily available, low-cost materials. Field applications demonstrate the practical benefits of this approach, making it a promising technique for sustainable soil improvement in various construction contexts.

**Keywords:** Soft clay; Soil stabilization; Eggshell lime; Rice husk ash; Pozzolanic reaction; Soil strength Enhancement; Environmental impact

# Introduction

In civil engineering and construction, the challenge of stabilizing soft clay soils is a well-known issue that impacts the safety, durability, and cost-effectiveness of structures. Soft clay often suffers from poor load-bearing capacity, high compressibility, and susceptibility to seasonal moisture variations. Innovative and sustainable methods for ground improvement are crucial to addressing these challenges. One promising approach involves using eggshell lime and rice husk ash-two readily available and eco-friendly materials. This article explores how these materials can enhance the resilience of soft clay soils [1].

# Understanding soft clay challenges

Soft clay soils are characterized by their low shear strength and high compressibility, which can lead to excessive settlement and instability when subjected to construction loads. Traditional methods for improving these soils often involve chemical stabilizers, mechanical treatments, or replacement of the soil. However, these methods can be expensive and environmentally taxing [2].

# The role of eggshell lime

Eggshells, which are typically discarded as waste, are rich in calcium carbonate. When processed and calcined, eggshells produce lime (calcium oxide), a material known for its soil stabilization properties. The transformation process involves heating eggshells to high temperatures, which converts calcium carbonate into calcium oxide. When this lime is mixed with soil, it reacts with clay particles to form stable compounds, enhancing the soil's strength and reducing its plasticity.

**Chemical stabilization:** Lime stabilizes clay soils through a process known as pozzolanic reaction. This chemical reaction between lime and clay minerals results in the formation of cementitious compounds, which bind soil particles together and improve soil strength.

**Durability:** Lime-stabilized soils exhibit improved resistance to moisture variations, reducing the risk of swelling and shrinkage. This enhances the long-term stability of the soil under varying environmental conditions [3].

#### The benefits of rice husk ash

Rice husk ash (RHA) is a by-product of rice milling and is often underutilized. When rice husks are burned, they produce ash rich in silica. This ash can is used as a supplementary soil stabilizer due to its pozzolanic properties.

**Pozzolanic activity:** Silica in RHA reacts with lime to form additional cementitious compounds. This reaction further improves the strength and durability of the stabilized soil.

**Environmental impact:** Using RHA not only reuses an agricultural by-product but also reduces the environmental impact associated with rice milling waste disposal.

## Combining eggshell lime and rice husk ash

The combination of eggshell lime and rice husk ash offers a synergistic effect, enhancing the overall stabilization of soft clay soils. The dual pozzolanic reactions with both lime and silica provide a more comprehensive improvement compared to using either material alone.

**Enhanced strength:** The combined use of eggshell lime and RHA results in higher soil strength and stability. This makes it suitable for supporting heavier loads and reducing settlement [4].

**Cost-effectiveness:** Both eggshell lime and rice husk ash are lowcost and widely available materials. Their use in soil stabilization not only lowers material costs but also reduces the need for expensive conventional stabilization methods.

\*Corresponding author: Nasrin Neyestani, Department of Surgery, National and Kapodistrian University of Athens, Greece, E-mail: Nasrin.neyestani@gmail.com

**Received:** 01-Sep-2024, Manuscript No: snt-24-146771, **Editor Assigned:** 04-Sep-2024, pre QC No: snt-24-146771 (PQ), **Reviewed:** 18-Sep-2024, QC No: snt-24-146771, **Revised:** 22-Sep-2024, Manuscript No: snt-24-146771 (R), **Published:** 29-Sep-2024, DOI: 10.4172/snt.1000278

Citation: Nasrin N (2024) Resilient Soft Clay Ground Enhancement with Eggshell Lime and Rice Husk Ash. J Nutr Sci Res 9: 278.

**Copyright:** © 2024 Nasrin N. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

**Sustainability:** Utilizing these waste materials aligns with sustainable construction practices. By incorporating industrial and agricultural by-products, this approach contributes to waste reduction and promotes a circular economy.

#### Practical applications

The use of eggshell lime and rice husk ash in soil stabilization has been successfully demonstrated in various field applications. These materials are typically mixed with the soil in specific proportions and thoroughly blended to ensure even distribution. The mixture is then compacted and allowed to cure, during which the pozzolanic reactions take place, improving the soil properties [5].

**Case studies:** Several case studies have shown the effectiveness of this method. For instance, in regions where rice cultivation is prevalent, local rice husk ash can be readily utilized, making it a practical solution for improving soil in agricultural and construction projects.

## Discussion

Enhancing the resilience of soft clay soils is crucial for improving the stability and performance of construction projects. Soft clay, notorious for its low shear strength and high compressibility, poses significant challenges, particularly in terms of settlement and loadbearing capacity. Traditional stabilization methods often involve the use of expensive chemical stabilizers or mechanical techniques, which can be both costly and environmentally damaging. In contrast, the combination of eggshell lime and rice husk ash presents a sustainable and cost-effective alternative that leverages the pozzolanic properties of these materials to enhance soil properties [6].

Eggshell lime, derived from calcined eggshells, offers several advantages for soil stabilization. The primary component, calcium carbonate, transforms into calcium oxide (lime) when heated. This lime interacts with clay particles through a pozzolanic reaction, forming calcium silicate hydrate (CSH) and calcium aluminate hydrate (CAH) compounds. These compounds bind soil particles together, increasing the soil's strength and reducing its plasticity. The result is a more stable soil structure capable of bearing greater loads and exhibiting less susceptibility to shrinkage and swelling due to moisture changes [7].

The use of eggshell lime not only provides effective stabilization but also addresses waste management issues. Eggshells are typically discarded as agricultural or kitchen waste, so their repurposing for soil stabilization contributes to environmental sustainability by reducing waste and minimizing the need for conventional lime production, which is energy-intensive and has a high carbon footprint.

Rice husk ash (RHA), a by-product of rice milling, is rich in silica, a key ingredient in pozzolanic reactions. When burned, the silica in RHA reacts with the calcium oxide from eggshell lime, forming additional cementitious compounds that further enhance soil strength. This synergistic effect leads to a more robust and durable soil matrix compared to using lime alone [8].

In addition to its pozzolanic properties, RHA offers significant environmental benefits. Utilizing RHA not only provides a use for an agricultural by-product that would otherwise be discarded but also reduces the environmental impact associated with rice husk disposal. The use of RHA thus aligns with sustainable construction practices by promoting waste recycling and reducing the reliance on conventional stabilizers.

The practical application of combining eggshell lime and rice husk ash involves mixing these materials with soft clay in specified proportions, followed by thorough blending and compaction. This process ensures that the stabilizing agents are evenly distributed throughout the soil. The mixture is then allowed to cure, during which the pozzolanic reactions occur, improving the soil's structural properties [9].

Field applications have demonstrated the effectiveness of this approach in enhancing soil resilience. For instance, construction projects in regions with abundant rice production have successfully utilized RHA, showcasing both economic and environmental benefits. The use of eggshell lime and RHA not only reduces material costs but also offers a low-impact, sustainable solution to soil stabilization challenges [10].

## Conclusion

The enhancement of soft clay ground using eggshell lime and rice husk ash represents a significant advancement in sustainable civil engineering practices. This innovative approach not only addresses the technical challenges associated with soft clay soils but also contributes to environmental sustainability by repurposing waste materials. As the construction industry continues to seek more eco-friendly and costeffective solutions, the combination of eggshell lime and rice husk ash offers a promising path forward for improving the resilience of soft clay grounds.

#### References

- Ghildiyal M, Zamore PD (2009) Small silencing RNAs: an expanding universe. Nat Rev Genet 10: 94-108.
- Bartel DP (2009) MicroRNAs: target recognition and regulatory functions. Cell 136: 215-233.
- Davis BN, Hata A (2009) Regulation of microRNA biogenesis: a miRiad of mechanisms. Cell Commun Signal 7: 18.
- Kim VN, Han J, Siomi MC (2009) Biogenesis of small RNAs in animals. Nat Rev Mol Cell Biol 10: 126-139.
- Winter J, Jung S, Keller S, Gregory RI, Diederichs S, et al. (2009) Many roads to maturity: microRNA biogenesis pathways and their regulation. Nat Cell Biol 11: 228-234.
- Sotiropoulou G, Pampalakis G, Lianidou E, Mourelatos Z (2009) Emerging roles of microRNAs as molecular switches in the integrated circuit of the cancer cell. RNA 15: 1443-1461.
- 7. Visone R, Croce CM (2009) MiRNAs and cancer. Am J Pathol 174: 1131-1138.
- Weidhaas JB, Babar I, Nallur SM, Trang P, Roush S, et al. (2007) MicroRNAs as potential agents to alter resistance to cytotoxic anticancer therapy. Cancer Res 67: 11111-11116.
- Trang P, Weidhaas JB, Slack FJ (2008) MicroRNAs as potential cancer therapeutics. Oncogene 27: S52-S57.
- Kasinski AL, Slack FJ (2011) Epigenetics and genetics. MicroRNAs en route to the clinic: progress in validating and targeting microRNAs for cancer therapy. Nat Rev Cancer 11: 849-864.