

Marwareed (Pearls) a Natural Vital and General Tonic

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Abstract

The Unani Medicine system since ages has been known for the use of Plants Minerals and Animal origins drugs. There are many Unani formulations composed of herbs and minerals and Animal origin drugs, which are used as *Muqawwi-e-aam* (general body tonic), vital organ tonic. Marwareed (pearl) is one of such animal drug used in Unani medicine since ancient times. The actions of Marwareed (pearl) is described in the Unani classical books are as, Exhilarant, enhances body faculties and vital force, tonic for vital organs, general tonic, improves eye sight, cardiac tonic, anti-depressant. It is useful in Palpitations, phobia, weakness of heart etc.

Keywords: Unani medicine; Anti-depressant; Constitution; Looloo

Introduction

Unani System of medicine is one of the oldest traditional system of medicine which has endeavoured through ages in the prevention and treatment and has been known for the use of Plants Minerals and Animal origins drugs. There are many Unani formulations composed of herbs and Minerals and Animal origin drugs used since decades. Pearl is one of such animal origin drug which considered very important drug and used in Unani medicine since ancient times [1]. There are lot of Unani formulations of pearl like Khamira Marwareed, Khamira Marwareed ba Nusqa khas, Habb e-Marwareed and Habb-e- Marwareedi. There are many formulations in which Pearls considered as important constituent of formulation like Khamira Absreham hakim Arshadwala, Khamira Gaozaban umbri jawahar wala, Majoon Hamal Ambri Alwikhan, Muffarh Barid jawahir wali/Muffarh Jawaharwali Mufarah Motadiil, Mufarh Yaqooti etc.

Description

These formulations are used in Unani medicine for various disorders. Mostly these formulations are used in the weakness of heart, palpitation, enhancing body faculties and vital force, as general tonic, in improving eye sight, as cardiac tonic and anti-depressant etc. Pearls, although counted as precious stones, are, like corals, products of the ocean, products of the ocean [2].

Pearls are formed and nurtured in the body/shell of a mollusc, the pearl oyster. Mineral stones reflect light, while pearls partly absorb it and partly reflect it. Pearls, as compared to mineral stones, are light and can be scratched. Pearls are, therefore, characterized by their iridescence [3].

Pearls obtained from the equatorial regions are among the best. Found in General mollusks inhabiting shallow seas and sandbanks. The Persian Gulf is the sources of most of the fine natural pearls found today, and the center of the natural-pearl fisheries is the island of Bahrain, other sources of some importance are the channel between Ceylon and India and some of the South Pacific Island groups [4].

Pearls are also found off the northern coast of and the coast of . Fine freshwater pearls are found in the in the Mississippi River and its tributaries. Biwa is the almost exclusive source of freshwater cultured pearls [5].

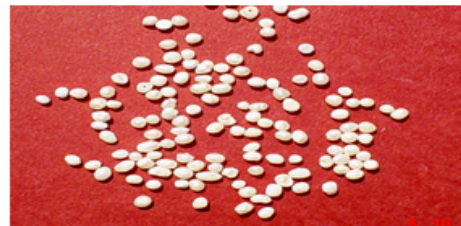


Figure 1: Pearls.

Conclusion

Pearl mussel has nearly a semi-circular shell, greenish without and ornamented with the most beautiful nacre within. The nacre is employed in the arts and fine pearls are produced from the extravasations of nacre. A pearl takes about four years to form and results from the surrounding of a foreign particle or animal which enter into its body by the secretion of a liquid which is executed by special cells in its body.

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