



## Editorial Note on : Clinical Research on Foot & Ankle

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### Editorial

Foot and ankle research or podiatry encompasses several medical disciplines for diagnosis and searching remedy of any inconvenience caused to the patient with related complications. The need of information is large in this regard, especially, for the medical practitioners and patients related to sports science, aged person and others. Clinical Research on Foot & Ankle is a clinical research journal that will consider articles in the broad spectrum of diagnosis and treatment system associated with sports medicine, foot surgery and allied clinical research encompassing hallux valgus (bunion), hallux rigidus, hammer toe, claw toe, millet toe, corns, various bumps and lumps, Achilles heels problem, related pediatric issues, different techniques of physical therapies, scientific protocols for wound management and healing procedure, radiology and other medical issues related to ankle care. This Journal provides valuable scientific information to the students, researchers, faculty members and especially podiatrists involved in the relevant discipline

This foot and ankle journal renders a comprehensive complete platform for the authors and expects them to contribute towards increasing the pool of information under the Journal scope. The editorial office will undertake a rapid and constructive peer review process for the submitted manuscripts for maintaining the utmost quality of publishing.

The Journal of Clinical Research on Foot & Ankle is a peer-reviewed, Scholarly journal with a wide range of fields within the discipline. Articles are accepted in the form of original articles, review articles, case reports, short communications, etc. and all accepted articles will be freely available through online without any subscriptions for the readers and researchers worldwide.

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### Foot and Ankle

The foot and ankle forms a part of the lower limbs in vertebrates which help in their locomotion. The foot part bears the entire weight of the body. Ankle, which is termed as talocrural joint is the part where the foot and leg meets. The foot forms the major part as all the muscles from the lower limb is attached to foot. In nature, the human foot is designed with two longitudinal arched, which is supported by

a transverse arch that forms the shape of the bone and the ligaments. The various forces on these arches enables us in walking and running and other activities in more economical ways with respect to the energy spent. Foot, as it performs various activities and due to its functions it is prone to various kinds of infections and injuries like athletes foot and other various fungal and bacterial infections. This region is also prone to fractures easily.

### Podiatric Medicine

Podiatry is a newly budded branch of medicine that deals with all the studies related to lower limb. The branch of medicine is particularly devoted to the study of diagnosis, medical, surgical and treatment of various disorders of foot, ankle and lower extremity. A physician devoted to this field of medicine is named as podiatrist and he take cares of all the conditions related to the lower extremity. Podiatric surgery is the surgical treatment for various conditions affecting the foot, ankle and lower extremity.

### Foot Care

Foot, form the anatomical structure for the vertebrates that helps in locomotion and helps in bearing the entire weight of the body. The foot is made up of complex network of bones, muscles, tendon and ligaments which all together helps us to carry the entire weight of the body and to move forward. It is important to keep feet healthy because it shows varying signs of health. It gives clue for the overall health.

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