

## **Editorial Note for Nutrition Science Research**

I am pleased to introduce Nutrition Science Research (SNT), a rapid peer reviewed Journal is one of the leading peer-reviewed journals supporting rapid publication forum. Journal of Nutrition Science Research is a peer reviewed and open access journal aims to publish the most complete and reliable source of information on the discoveries and current developments in the mode of original articles, review articles, case reports, short communications, etc. in this field and making them available online to the researchers worldwide without any restrictions or subscriptions. I am pleased to announce that, all scheduled issues of volume were published online well within the time and the print issues were also brought out and dispatched within 30 days of publishing the issue online during the year of 2020.

The Journals aims to flourish and to maintain the standards in research and practice, provide platform and opportunity to present evidence based medicine and analytical assessment of research and probably it is much indeed for good nutrition as it's one of the keys to a healthy life. You can improve your health by keeping a balanced diet. You should eat foods that contain vitamins and minerals. This includes fruits, vegetables, whole grains, dairy, and a source of protein. Balanced nutrition and regular exercise are good for your health. Nutritional science studies how the body breaks food down (catabolism) and how it repairs and creates cells and tissue (anabolism). Catabolism and anabolism combined can also be referred to as metabolism. The human body requires seven major types of nutrients. Not all nutrients provide energy but are still important, such as water and fiber. Micronutrients are important but required in smaller amounts. Vitamins are essential organic compounds that the human body cannot synthesize.

During the calendar year of 2019, SNT received a total of 30 manuscript, out of which 18 articles (70%) were rejected in the preliminary screening due to plagiarism or being out of the format and peer review process. During 2019 around 10 articles were subjected for publication after they are accepted in the peer review process. In the 2 issues of Volume 4 published during the year 2019, a total of 10 articles were published (at an average of 3 articles per issue) of which, articles were published from authors all around the world. Globally articles have been accessed by the research scientists and also cited.

During the calendar year 2019, a total of two Editors, seven Reviewers joined the board of SNT and contributed their valuable services towards contribution as well as publication of articles, and their valuable reviewer comments will be beneficial to publish quality of articles in the Journal.

I take this opportunity to acknowledge the contribution of our reviewers for their exceptional support during the peer review process and the managing editor during the final editing of articles published and the support, in bringing out issues of SNT in time. I would also like to express my gratitude to all the authors, reviewers, the publisher, the advisory and the editorial board of SNT, the office bearers for their support in bringing out yet another volume of SNT and look forward to their unrelenting support to bring out the Volume 5 of SNT in scheduled time.

Stay Safe & Healthy...!

Thank you!

With kind regards,

Dominique Grandjean

Associate Editor