



Editor Note on Types of Palliative Care

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Description

Palliative care is a type of care that is helpful to patients who are suffering from a severe illness. However, there are other models or forms of treatment that may be used in conjunction with palliative care. They can be helpful and suitable for you as well. Here are some examples of forms of treatment that have a clear track record and proven outcomes:

Community aging in place, advancing better living for elders: This helps older adults remain at home. This service assists individuals who are having difficulty completing everyday activities such as taking a bath or preparing a meal, and is based on financial need. A nurse, occupational therapist, and handyman are among the members of the care team. These individuals come to your home and hear to your individual needs and will take care. The team collaborates closely with you to determine your goals. It gives a feeling of safety and protection in your own house. Up to six visits with an occupational therapist were required as part of the intervention. All elements of the intervention were clinically individualised to each participant's risk profile and strategic goals.

Geriatric Resources for Assessment and Care of Elders (GRACE): The primary care model was created to improve the quality of geriatric care for low-income seniors and their primary care physicians in order to maximise health and functional status, reduce unnecessary healthcare usage, and avoid long-term nursing home placement.

Guided care: For older adults with chronic conditions, Guided Care collaborates with their primary care physician to provide an extra layer of support. The nurses come to your

house and consult with your primary care physician to assess your needs. By better managing treatment for the increasing number of older people with multiple chronic conditions, the Directed Care model seeks to improve patient outcomes and cut costs. Nurses become Guided Care-certified after completing a Web-based training course, and then work with patients identified in primary care practices. They keep track of how patients are doing over time, orchestrate care transfers, and refer patients to community services.

Hospital at home: Hospital at Home is an advanced health-care model that offers hospital-level care in a patient's home as a full replacement for acute hospital care. To be eligible for this service, emergency room physicians and nurses must determine that the symptoms can be handled at home.

Programs of All-Inclusive Care for the Elderly (PACE): PACE (Program of All-Inclusive Treatment for the Elderly) is a programme that offers care to senior citizens. Instead of going to a nursing facility, you can remain in your own home through this service. Medical and dental treatment, adult day care, home health and personal care, prescription medications, social services, rehabilitation, meals, dietary therapy, and hospital and long-term care are all included in PACE. PACE participants report feeling better about their wellbeing and having more of their needs met.

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