

Research Article

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Drinking Water Toxicity in Health and Diseases

Raafat A Mandour*

Toxicology Unit, Emergency Hospital, Mansoura University, Mansoura35516, Egypt

Abstract

The quality of the drinking water is a universal health concern. This paper is an attempt to clarify concerns about the quality and safety of drinking water quality both tap and mineral on health of the people living in Dakahlia Governorate-Egypt. Drinking water samples were collected from 14 different locations of Dakahlia Governorate representing 73 samples and 7 samples of mineral water. These samples were analyzed for physicochemical and bacterlogical parameters. The found values of physicochemical and bacterlogical parameters were compared with the World Health Organization (WHO) and Egyptian Minstry of Health (EMH) water quality standards.

Study of all these characteristics and correlation studies indicate that in some of the studied areas water was polluted and not suitable for drinking purpose. The drinking water of these areas needs some degree of treatment before consumption and prevention steps to be taken from contamination.

Keywords: Drinking water; Physicochemical parameters; Bacterlogical parameters; Atomic Absorption Spectrophotometer (AAS)

Introduction

Water is a chief natural resource essential for the existence of life and is a basic human entity. The quality of drinking water is vital concern for mankind since it is directly linked with human health. According to WHO, nearly 80% of all the diseases in human beings are caused by water [1,2]. Chemical contaminants of drinking water are often considered a lower priority than microbial contaminants, as adverse health effects from chemical contaminants are generally associated with long-term exposures, whereas the effects from microbial contaminants are usually immediate. Nonetheless, chemical in water supplies can cause serious problems [3]. Trace metals function mostly as catalysts for enzymatic activity in human bodies; however, their accumulation in the human body causes harmful effects [4]. Availability of safe drinking water is very important. To ensure this, reliance has to be placed on regular bacteriological analyses to assess portability and to determine the best course of action for protecting the population against waterborne diseases [5,6]. Several outbreaks of gastroenteritis and hepatitis [7], giardiosis and cryptosporidiosis [8] in communities with water meeting current regulations [9] have been recorded.

The current study was carried out to evaluate the physiochemical and bacteriological characteristics of drinking water used for human consumption and to what extent the people of Dakahlia Governorate suffer from community health problems.

Study Area

Dakahlia governorate

It is one of the most densely populated governorates in Egypt. It is the fourth Governorate in area after El-Sharqia, El-Behera and Kafr el-Sheikh governorates. It is bounded and then crossed by Damietta Nile branch, dividing it into two parts where Talkha, Bilqas and Sherbin districts in the western side and the other districts, eg; El-Mansoura, El-Manzala, El-Sinbillawin in the eastern side, (Figure 1).

Topography

Dakahlia governorate, in general, is a flat area, triangular in shape with apex in the south and base in the north. It lies between latitudes,



*Corresponding author: Raafat A Mandour, Toxicology Unit, Emergency Hospital, Mansoura University, Mansoura35516, Egypt, Tel. 0020125260108; E-mail: mandourraafat@yahoo.com

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30°30–31°30[°] N and longitudes 31° 15–32° 00[°] E. It is characterized by a gentle slope to the north. Elevation varies from about 12 m above sea level (a. s. l) in the south to less than 1 m a. s. l. in the north near the sea shore. The cultivated lands possess a network of irrigation and drainage canals related to Damietta branch. It contains some localities less than one meter a. s. l, particularly in the north including Manzala coastal lagoon [10]. High coastal sand dunes protect some localities, but others are flooded by winter surges. The coastal belt can be subdivided into the following three geomorphic units; the extensive back-shore flats, the flooded low lands and the coastal dunes [11].

Water Resources and Hydrogeology

The water resources in the governorate comprise surface and ground waters. The surface water is mainly the River Nile flowing in Damietta branch and its distributaries irrigation canals. The southern part of governorate is supplied by groundwater (Mit-Ghamr, el-Sinbillawin and Aga), and the rest of the governorate is supplied by regional and municipal systems which rely on surface water. Abd el-Daiem [11], stated that about 40 MCM/Y' is used from the main aquifer in Dakahlia Governorate. This amount of water is used for drinking and domestic use at the southern sector of the governorate, particularly at Mit-Ghamr, Aga and El-Sinbillawin districts. This amount of water represents 25% of the used water supply for the whole governorate. However, the gradient of the surface water of the Nile River is toward the north.

Abd el-Daiem et al. [12] reported that at Mit-Ghamr, the surface water level is almost +9 m where it is about +6 m for the surrounding groundwater level, here-in there is downward movement of the surface water to recharge the groundwater from the influent stream in this sector. At Mansoura, the surface water level in the Nile branch is +1.8 m, while it is about +4m in the near-by water wells, where the river is recharged by groundwater and becomes effluent stream in that sector and the Nile branch downstream of Mansoura behaves as a drain. The groundwater slopes towards the north and the direction of flow from the southern recharge area of the Damietta branch and El-Rayah El-Tawfiky to the northern discharged area. The Quaternary succession in the northern Nile Delta area in particular could be subdivided into two water-bearing units according to the stratigraphic succession [13,14].

These two units are mostly separated from each other by a sticky and almost continuous clay layer near the bottom of Bilqas Formation (Holocene) at top. The top unit of Bilqas Formation is considered as an aquitard (semi-previous layers), whiles the lower Mit-Ghamr Formation, and so called sub deltaic layer of [15] is considered as the main aquifer of the Nile Delta. The latter consists of a thick sand and gravel of Pleistocene age with thickness generally decreasing southward but with average thickness more than 700 m in the area of Dakahlia, dominated by permeable sands and gravels with minor clay lenses [13,14].

Material and Methods

Seventy three water samples were collected from 14 different locations of Dakahlia governorate as well as seven different types of mineral water were purchased from local markets, table 1. Heatsterilized bottles of 500 ml capacity were used and the methods of sampling were developed from the WHO guidelines for drinking water quality [3]. Flaming the mouths of taps, and allowing water to run for 1-2 min was done before running it into the bottle. The bottles were delivered to the laboratory and kept in refrigerator at 4°C until the time of analysis.

Results and Discussion

Physiochemical Evaluation

The physiochemical obtained data on analysis of the collected water samples were tabulated in (Tables 2-6); Table 2 represents analysis of drinking water samples of the main surface water stations. Table 3 represents the polluted drinking water samples of compact units. Table 4 represents the polluted drinking water samples of groundwater. Table 5 represents the results of different types of mineral water. Table 6 represents the polluted drinking water samples by some heavy metals which exceed than the permissible limits of [3,16].

The tabulated and represented data are showing that pH of the drinking water samples in Temy el-amdid district; Abo-dawoud compact unit, (Table 3) and Mit-ghamr district; Network of Tafahna el-Ashraf well, El-Maasara well, Network of Mit-Mohsen well, Atmeda well and Network of Sampomakam well and Aga district; Miyet

	District	Surfac	e drinking water	Drinking groundwater (Wells)	Total No. of samples		
No	District	Main	Compact	Drinking groundwater (Weils)			
1	El-Mansoura	2	4		8		
2	Talkha	1	3		5		
3	Dekrnis	1	-		2		
4	Sherbin	2	1		5		
5	Bilqas	1	2		4		
6	El-Gamalia	1	-		2		
7	El-Manzala	1	2		4		
8	Nabaru	-	1		1		
9	Mit-Salsil	-	1		1		
10	Minyet el-nasr	-	3		3		
11	Temy el-mdid	-	2		2		
12	El-Sinbillawin	1	1	2	5		
13	Mit-Ghamr	-	-	13	15		
14	Aga	-	1	5	9		
	Total No of Units	10	21	20			
			Mineral water sampl	es	7		
	Total No of Samples	20	21	25	73		

Table 1: Localities of the different drinking water samples in Dakahlia governorate.

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NO	District / sample name	рН	EC μm/cm at 25°C	TDS ppm	TH ppm	Cl ₂ ppm	Cl [.] ppm	SO₄ […] ppm	Alkal. ppm						
	WHO (20011)	6.5 – 8		1000	500	5	250	250							
	EMH (2007)	6.5 – 8.5		1000	500	5	250	250							
		El-Mansoura district													
	1- Main station 1	7.75	444	288.6	144	0.66	35.45	75	150						
I	2- Network1	7.85	450	292.5	140	0.52	34.75	81.73	140						
	3- Main station2	7.69	443	288	136	1.56	34.73	99	145						
	4- Network2	7.6	446	290	137	1.5	34.03	80	140						
				Talkha dis	trict										
П	5- Main station	7.68	425	276.3	144	1.95	35.45	60	146						
	6- Network	7.75	436	283.4	136	1.3	34.03	46	142						
	Dekernis district														
Ш	7- Main station	7.65	428	278.2	132	0.53	32.6	90	135						
	8- Network	7.72	461	269.6	142	0.33	34.03	78.85	150						
	Sherbin district														
	9- Main station1	7.74	438	284.7	137	1.5	34.03	56	155						
IV	10- Network1	7.41	433	281.5	141	1.35	33.33	44	152						
	11- Main station2	7.73	435	282.2	128	0.6	36.9	75	150						
	12- Network2	7.8	460	299	140	0.33	38.28	60.57	175						
			· · · · · ·	Bilqas dist	rict										
V	13-Main station	7.76	477	310.1	144	0.64	35.45	96.15	155						
	14-Network	7.81	475	308.7	140	0.41	38.3	86.54	150						
	El-Gamalia district														
VI	15-Main station	7.73	435	282.7	134	0.57	35.45	79.81	125						
	16-Network	7.62	438	284.7	130	0.36	32.6	86.5	150						
	El-Manzala district														
VII	17- Main station	7.45	390	253	124	0.08	20	35	130						
	18- Network	7.75	393	255	136	0.18	33	53	151						
			E	El-Sinbillawin	district										
VIII	19-Main station	7.35	430	275	135	0.76	36.1	76	120						
	20-Network	7.12	434	280	130	0.32	32.1	85	144						

 $\label{eq:constraint} \textbf{Table 2:} \ \text{Results of Physiochemical analyses (mg / l) of the \textit{main surface drinking water stations.}$

NO	District / sample name	рН	EC µm/cm at 25 °C	TDS ppm	TH ppm	Cl2 ppm	CI- ppm	SO4ppm	Alkal. Ppm		
I				El-Mansoura district							
	1- Awish el-hagar	7.53	486	315.9	150	0.4	35	43	148		
	2- Mahalet damana	7.82	420	273	126	0.28	32	52	136		
	3- Shoha	7.7	371	241	130	0.12	30	44	131		
	4- El-Rydania	7.77	410	266	130	0.21	40	56	143		
II		rict									
	5- Mit-antar	7.46	445	298.5	145	1.5	34.03	65	156		
	6-Mit- elkorama	7.63	486	315.9	150	0.5	31	67	140		
	7- Demera	7.74	468	304.2	130	0.45	35	46	120		
III	III Sherbin district										
	8- Ras el-khalig	7.72	498	323.7	140	0.6	46	57	133		
IV				Bilqas distr	ict						
	9-EI-satamony	7.99	385	256	135	0.4	30	36	141		
	10- Basindela	7.46	410	266.5	135	0.15	30	62	130		
V				El-Manzala di	istrict						
	11- El-aziza	7.79	379	246	140	0.1	28	45	145		
	12- El-Mawaged	7.44	375	243	132	0.48	30	45	140		
VI				Nabaru dist	rict						
	13- Nabaru	7.67	480	312	140	0.71	50	60	145		

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VII	Mit-Salsil district											
	14-Mit-Salsil	7.9	447	290.5	140	0.66	34	57	180			
VIII		Minyet el-nasr district										
	15- Minyet el-nasr	7.5	431	281.2	130	0.8	30	47	136			
	16- Mit-asim	7.65	360	234	132	0.08	30	35	135			
	17- Brembal	7.65	410	266.5	135	0.3	43	38	141			
IX			Т	emy el-amdid	district							
	18- Temy el-amdid	7.76	454	295.1	160	0.43	38	51	150			
	19- Abo-dawoud	<u>8.01</u>	432	280.8	146	0.3	36	42	150			
Х			E	I-Sinbillawin	district							
	20- Barqin	7.73	359	233	135	0.4	30	45	140			
XI				Aga distr	ct							
	21- Nawasa	7.53	398	259	130	0.12	21	30	140			

Table 3: Results of Physiochemical analyses (mg / I) of the surface drinking water compact units.

NO	District / sample name	рН	EC µm/cm at 25 °C	TDS ppm	TH maa	CI2	CI-	SO4ppm	Alkal. Ppm				
I	ppm ppm ppm ppm I EI-Sinbillawin district												
	1- Network of Mit-ghorab	7.85	376	245	135	0.05	41	48	133				
	2- Karkera well	7.7	349	226.8	120	0.13	32	46	133				
	Mit-ghamr district												
11	3- Network of Mit-nagy	7.94	828	538	160	-	53	81	160				
	4- Network of Tafahna el-Ashraf	<u>8.14</u>	522	340	140	1.1	42	63	145				
	5 El-Maasara well	<u>8.06</u>	460	499	138	0.2	36	70	140				
	6 Network of El-Maasara	7.94	389	258	130	0.09	32	40	132				
	7- Network of Mit-Mohsen	<u>8.32</u>	566	268	145	0.12	40	51	148				
	8 Atmeda well	<u>8.08</u>	480	312	152	0.92	35	48	145				
	9- Mit-ghamr well after Cl2	7.88	437	284.1	52.9	0.71	33.33	152	160				
	10 Network of Mit-ghamr	7.93	396	257.4	38.5	0.53	18.54	138	170				
	11- Mit – elkorashi well	7.8	430	279.5	120	0.12	30	51	140				
	12- El-Rahmania well	7.6	352	228.8	130	-	41	70	123				
	13-Damas well	7.9	610	369.5	170	0.4	42	178	178				
	14-Network of Sampomakam	<u>8.1</u>	326	212	132	0.12	40	51	128				
	15- Mit-el ezz well	7.91	410	266.5	128	0.11	38	66	120				
	16- Hala well	7.68	422	274.3	155	0.39	38	145	145				
	17- Sahragt el-kobra well	7.82	455	295.7	160	0.43	33	140	140				
			A	ga district	-								
ш	18- Miyet Sammanoud well before Cl2	<u>8.24</u>	1111	722.1	153.8	-	151.7	132	250				
	19- Miyet Sammanoud well after Cl2	7.86	1163	755.9	205	0.77	151.7	142	300				
	20- Network of Miyet Sammanoud	7.92	1128	733.2	192.3	0.59	150.2	120	245				
	21- Ikhtab well	<u>8.67</u>	650	422	140	-	35	58	158				
	22- Mit EL-Amil well	<u>8.54</u>	937	609	140	-	43	58	150				
	23- Aga el-gadida well after Cl2	8.26	761	494.6	50	0.62	112	32	205				
	24- Network of Aga el-gadida	<u>8.28</u>	766	497.9	78	0.52	105	18	205				
	25- Tanamil well	<u>8.59</u>	1266	822.9	335	0.58	98	260	260				

Table 4: Results of Physiochemical analyses (mg / I) of the drinking groundwater samples.

Sammanoud well before chlorine addition, Ikhtab well, Mit EL-Amil well, Aga el-gadida well after chlorine addition, Network of Aga elgadida well and Tanamil well, table 4 are higher than the safety base line value according to [3]. Each of Cd, Ni and Pb ions are greater than their safety base line values, table 6 according to [3,16]. In El-Mansoura district; Network of Shoha compact unit shows high values of Ni and Pb and in Talkha district; Mit-antar and Demera compact units show high values of Cd and Pb and in Sherbin district; Network of main station1shows high values of Cd and Ni and in Bilqas district; main station, network of main station and El-satamony compact unit show high value of Cd and In El-Gamalis district; network of main station shows high value of Cd and Ni and In Nabaru district; Nabaru compact unit shows high value of Pb and In Miyet el-nar; Mit asm compact units shows high value of Cd and In Mit-ghamr district; Network of Tafahna el-Ashraf well, Atmeda well, Damas well show high value of Cd as well as high value of Pb in Damas well and Sahragt El-kobra well, Mit-el-ezz well shows high value of Ni and In Aga district; Ikhtab well, Mit-el-amil well, Aga el-gadida well after chlorine addition and network of Aga el-

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			50					010	~		
	District / sample name	pН	EC	µm/cm at 25 °C	ppm		ppm	ppm	ppm	SO4ppm	Aikai. Ppm
	1- B araka	7.96		700	455		290	-	110	96	300
	2- Nestlhi	7.25		410	266.5	5	140	-	152	44	150
	3- Safi	7.35		299	194.3	3	50	-	80	29	50
	4- Shwepes	7.66		501	325.6	3	130	-	130	56	145
	5- Dasani	7.12		282	183.3	3	110	-	40	30	112
	6- Hayat	7.45		302	196.3	3	50	-	68	31	60
	7- Siwa	7.44		303	197		40	-	86	31	45
	Table	5: Results	of Physioc	chemical analyses (mg / I) of th	e different t	ypes of mir	neral drinkir	ig water.		
			<u>.</u> .				•••			_	
NO	District / sample name		Cd	Cu	2n	Cr	NI	Pb	Mn	Fe	0.05
	Permissible limit of WHO (2001)		0.003	2.00	3.00	0.05	0.07	0.01	0.4	0.3	0.05
1			0.003	El-Manso	ura district	0.05	0.02	0.01	0.4	0.3	0.05
	1- Main station1		0.002	0.001	0.012	0.002	0.008	0.001	0.001	0.004	0.002
	2 Network 1		0.003	0.001	0.004	0.001	0.003	0.00	0.00	0.003	0.001
	3- Mahalet damana		0.001	0.001	0.006	0.005	0.006	0.002	0.00	0.004	0.001
	4- Network of Shoha Static	n	0.00	0.014	0.116	0.008	<u>0.022</u>	<u>0.016</u>	0.01	0.023	0.00
	5- El-Rydania		0.001	0.001	0.007	0.005	0.002	0.00	0.001	0.003	0.001
П	-			Talkha	district	1	I				
	6- Mit-antar		<u>0.011</u>	0.002	0.013	0.008	0.013	<u>0.033</u>	0.011	0.001	0.00
	7- Demera		<u>0.032</u>	0.001	0.005	0.003	0.007	<u>0.025</u>	0.004	0.002	0.004
111				Dekern	is district						
	8- Network		0.00	0.001	0.008	0.001	0.011	0.003	0.00	0.002	0.001
IV			Sherbin district								
	9- Main station 1		0.001	0.001	0.001	0.006	0.008	0.002	0.00	0.001	0.001
	10- Network1		0.005	0.001	0.002	0.003	0.022	0.00	0.001	0.002	0.001
V				Bilgas	district						
-	11 Main station		0.005	0.00	0.00	0.001	0.000	0.00	0.00	0.002	0.001
	10 Natural		0.005	0.00	0.00	0.001	0.009	0.00	0.00	0.002	0.001
	12-INETWORK		<u>0.007</u>	0.00	0.001	0.005	0.005	0.00	0.001	0.003	0.001
	13-El-satamony		<u>0.007</u>	0.001	0.001	0.00	0.01	0.003	0.00	0.001	0.002
VI				El-Gama	lia district		1				
	14-Network		<u>0.01</u>	0.001	0.006	0.001	<u>0.021</u>	0.002	0.001	0.001	0.001
VII				El-Manz	ala district						
	15- Main station		0.003	0.002	0.003	0.001	0.009	0.003	0.004	0.02	0.002
	16- El-Mawaged		0.002	0.001	0.052	0.003	0.008	0.00	0.001	0.007	0.001
VIII				Nabaru	u district						
	17- Nabaru		0.001	0.00	0.014	0.004	0.006	<u>0.028</u>	0.012	0.001	0.00
IX				Minyet el-	nasr district	1	1				
	18- Mit-asim		0.005	0.00	0.012	0.00	0.018	0.003	0.001	0.011	0.001
	19- Brembal		0.001	0.001	0.009	0.002	0.005	0.00	0.00	0.005	0.001
x			-	Temv el-ar	ndid district						
	20- Abo-dawoud		0.003	0 001	0.003	0.003	0.008	0 001	0 00	0.005	0.00
XI			0.000	FLG	Sinbillawin d	listrict	0.000	0.001	0.00	0.000	5.00
	21-Main station		0.002	0.00	0.003	0.00	0 008	0.004	0.00	0 003	0 002
			0.002	0.00	0.000	0.00	0.000	0.004	0.004	0.000	0.002
	ZZ- INELWORK OF IVIIT-GHORAD		0.002	0.00	U.U0	0.004	0.012	0.001	0.001	0.00	0.001
	00 N-2		0.000	M	n-ynamr dis		0.047	0.000	0.000	0.040	0.000
	23- Network of Mit-nagy		0.002	0.00	0.005	0.00	0.017	0.003	0.033	0.012	0.002
	24- Network of Tafahna el-Ashr	af well	0.002	0.00	0.00	0.00	0.007	0.001	0.001	0.003	0.001

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	25- Network of Mit-Mohsen well	0.005	0.00	0.002	0.003	0.011	0.00	0.001	0.002	0.002		
	26- Atmeda well	0.007	0.00	0.005	0.004	0.007	0.00	0.014	0.038	0.002		
	27- Mit-ghamr well after Cl2	0.003	0.001	0.012	0.001	0.014	0.002	0.014	0.011	0.001		
	28-Damas well	0.019	0.002	0.018	0.022	0.015	0.029	0.009	0.001	0.00		
	29- Mit-el ezz well	0.00	0.027	0.032	0.004	0.021	0.001	0.00	0.008	0.00		
	30- Sahragt el-kobra	0.027	0.001	0.019	0.005	0.007	0.037	0.005	0.002	0.00		
XIII		Aga district										
	31- Nawasa	0.001	0.001	0.00	0.001	0.001	0.004	0.001	0.005	0.015		
	32- Ikhtab well	0.007	0.001	0.001	0.00	0.013	0.003	0.00	0.002	0.001		
	33- Mit EL-Amil	0.007	0.001	0.00	0.002	0.005	0.001	0.00	0.001	0.001		
	34 Aga el-gadida well after Cl2	0.006	0.00	0.001	0.002	0.02	0.002	0.00	0.002	0.001		
	35- Network of Aga el-gadida	0.005	0.001	0.002	0.001	0.021	0.001	0.004	0.005	0.001		
			Mir	neral drinking	water							
	36- B araka	0.002	0.003	0.009	0.001	0.005	0.001	0.001	0.004	0.00		
	37- Nestlh	0.002	0.003	0.031	0.00	0.002	0.002	0.00	0.004	0.00		
	38- Safi	0.00	0.002	0.041	0.002	0.004	0.00	0.001	0.007	0.00		
	39- Shwepes	0.002	0.002	0.012	0.001	0.002	0.001	0.005	0.005	0.00		
	40- Dasani	0.001	0.002	0.032	0.004	0.002	0.00	0.004	0.01	0.00		
	41- Hayat	0.00	0.003	0.008	0.001	0.004	0.00	0.00	0.004	0.00		
	42 Siwa	0.002	0.001	0.022	0.00	0.005	0.001	0.005	0.008	0.00		

Notes: highlight values: abnormal values

*Cl2: Chlorine

ppm: Part per million = mg/L, EC: Electrical conductivity µm/cm: µmohs/cm, TDS: Total dissolved salts,

TH: Total hardness, Cl2: Chlorine, Cl-: Chloride, SO42-: Sulfate, Alkal: Alkalinity

Cd: Cadmium, Cu: Copper, Zn: Zinc, Cr: Chromium, Ni: Nickel, Pb: Lead, Mn: Manganese, Fe: Iron, Co: Cobalt

Table 6: Results of heavy metals (mg / I) of some different drinking water samples

gadida well show high value of Cd as well as high value of Ni in network of Aga el-gadida well.

The great difference between the assayed concentrations and the acceptable limits may be ascribed to the geological characteristics of the studied area or to the unbounded amounts of phosphates fertilizers and so many types of pesticides used in the agriculture activities may also led to the high concentrations of Cd and Ni in drinking water in this area. The contamination of water is directly related to the degree of contamination of our environment. Rainwater collects impurities while passing through the air. Streams and rivers collect impurities from surface run off and through the discharge of sewage, industrial and agriculture effluents. These are carried to the rivers, lakes or reservoirs that supply our drinking water [17]. In general, a strong relationship between contaminated drinking water with heavy metals and chronic diseases such as renal failure, liver cirrhosis, hair loss and chronic anemia has been identified [18]. These diseases are apparently related to the contamination of drinking water with heavy metals. Renal failure is related to the contamination of drinking water with Cd and Pb. Hair loss to the contamination with Ni and chronic anemia to the contamination with Cd. In addition, examples of chronic health effects include cancer, birth defects, organ damage, and disorders of nervous system and damage of immune system [19]. Cadmium appears to accumulate with age progress especially in the kidney and it is considered as carcinogenic.

It was reported that [20] the geochemical implications of Cd in human health related to bone and renal failure in populations drinking contaminated water. Toxicity of nickel is enhanced in presence of some other metals in drinking water. Hair loss and derma toxicity in hypersensitive are related to contaminated drinking water with nickel. High concentration of lead in the body can cause death or permanent damage to the central nervous system, the brain and kidney [21]. The damage commonly results in behavior and learning problems. Such problems are hyperactivity, memory and concentration problems, high blood pressure, hearing problems, headaches, slowed growth, reproductive problems in men and women, digestive problems, muscle and joint pain. Lead is considered the most health threat for children

Bacteriological Evaluation

Infectious diseases caused by pathogenic bacteria, viruses and parasites are the most common and widespread health risk associated with drinking water. The elimination of all these agents from drinking water has a high priority. The provision of a safe supply of drinking water depends upon use of either a protected high-quality ground water or a properly selected and operated series of treatments capable to reduce pathogens and other contaminants to the negligible health risk [22]. The results revealed that samples of Network of Shoha Station, Mitghorab well, El-Rahmania well, Mit-el ezz well and Miyet Sammanoud well before addition of chlorineall contain high numbers of Total count of Bacteria and exceed the permissible limit recommended by [16]. Many researchers got the fact that such high records of diarrheic cases and renal colics and failures were associated with water treatment and distribution system deficiencies [23-25]. Natural untreated water is a good source for pathogenic bacteria; Aderson [26] found that the lack of chlorination supply has been blamed for the rapid spread of cholera in Peru. Payment et al. [27] in an epidemiological study confirmed that

tap water is a significant source of gastrointestinal illnesses (14-40%).

The data obtained in this study support the need for monitoring drinking water especially groundwater and compact units that will be consumed by the people of Dakahlia Governorate. Different types of mineral water are good, no pollution either physiochemical or bacteriological and safe for drinking purposes. In conclusion, the obtained results suggested a recommendation for the new treatment and distribution systems of investigated suspicious water is needed to prevent human illness.

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