

## Coronavirus Infection: Energy alterations and Chakras energy deiciencies and propensity

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**Introduction:** Coronavirus is a novel viral infection, which first appeared in Wuhan, China, on November and December of 2019. On June 30 of 2020, there were 10,552,628 registered cases and 512,787 deaths worldwide.

Several studies have been developed with the aim of better comprehend, prevent and treat coronavirus infection. However, the majority of these studies are focused on the pathogen (SARS-Cov-2).

This study was centered on the thoughts of Hippocrates, which are: It is more important to know what sort of person has a disease than What sort of disease a person has. In ther of his quotes, he also says that it is extremely important to consider other scientific gains and traditions within medicine, prior to the knowledge we have nowadays.

**Purpose:** The purpose of this study is to emphasize the type of patient we have nowadays, and use the knowledge of ancient medical traditions, such as traditional Chinese medicine and Ayurvedic medicine knowledge to try to explain the process of coronavirus, as well as the influence of the treatment recommended on the outcome of the patient on the energy point of view.

**Methods:** Through a study of the chakras energy level (1000 patients), from 2015 to 2020, 409 patients were selected to be deeply analyzed, where the ages, the diagnosis in Western and in TCM, the value of their level of the energy of the chakras as evaluated.

**Results:** Almost 90% had no energy on the chakras 1 to 6. From this 90%, 70% had energy on the seventh chakra, and 20% did not. The ages of the analyzed patients varied from 2 to 70; Most common diagnosis: anxiety, headaches, low back pain and knee pain, in Western medicine; Most common diagnosis in TCM: Yin deficiency, Yin and Yang deficiency, Heat retention.

**Discussion:** On Traditional Chinese Medicine point of view, the treatment aims to improve the patients' natural strengths (immunity), for the system to overcome the disease. Western medicine, on the other hand, focuses on the elimination of the pathogen.

The metaphor of the tree is always used by the author to establish with clarity the relationship between Western and ancient medical traditions. This metaphor proposes a tree with a trunk and several branches. Each branch represents one medical specialty and each leaf coming out of each branch represents the symptoms and diseases of each specialty. The leaves and the branches are the visible part and the object of study and practice in the Western medical profession.

Coronavirus infection presents symptoms on the most varied specialties, it can appear with a flu, fever, cough, shortness of breath, abdominal pain, diarrhea, dermatitis, encephalitis, renal insufficiency, conjunctivitis, anosmia, disseminated intravascular coagulation, respiratory insufficiency, etc. All these symptoms are on the leaf-level of the metaphor of the tree. In Western medicine, each of these symptoms are treated by different medical specialties, represented by branches on the tree metaphor. There is a flow of energy going from the root to the leaves, it represents the nutritional center of the body, and the energy will flow through the energy meridians, taking energy from the root to

the leaves. All the systems of the body in TCM are interconnected, as well as all the internal organs. When the root is imbalanced or damage, symptoms will appear on the leaves. The root of the tree, represented by the energy imbalances is centered on two basic theories of Traditional Chinese Medicine, Yin and Yang, and Five Elements theory. In these theories, these elements are represented by the massive organs and they are interconnected in the energy level, by the Generation and Control cycles. For the person to be healthy, there must be balance of Yin Yang, Qi and Blood, and the deficiency of any of these energies will leave to internal Heat that in Western medicine is translated as the inflammatory process. Everything that comes from the outside is considered external pathogenic factor, so coronavirus is considered external pathogenic factor in traditional Chinese medicine. Yin and Yang production is done on the Kidney meridian, represented by the second chakra. As demonstrated on the study, the majority of the patients had no energy on the second chakra. The production of Blood is on the fifth chakra, and the majority of the patients also shown deficient on this chakra. The third chakra, or the Heart meridian, controls the circulation of energy inside the body. For the Blood to circulate properly is necessary to have sufficient energy, the majority of the patients has no energy and the Blood is not circulating properly, before acquiring coronavirus. The infection is divided in three phases in TCM. The acute phase, in which there is invasion of the external pathogenic factor. The second phase when the first phase is not properly treated, leading to internalization of the external pathogenic factor on the body and formation of internal Heat, many times in patients who already have internal Heat before the infection. In the third phase, the invasion of the external pathogenic factors achieves the massive organs of the Five Elements theory, known as massive organs in TCM. In this situation, many times, renal insufficiency and respiratory insufficiency happens because the patient already had an energy deficiency before acquiring the infection.

Due to the state of lack of energy of the analyzed patients is necessary many precautions when prescribing medications in high-concentrations due to the Arndt-Schultz law, as the use of high-concentrated medications will harm the vital energy, that is already low, leading to formation of internal Heat, that is causing the inflammatory process in these patients. Therefore, for the organs maintain their functions is necessary the replenishment of energy on the massive organs through high-diluted medications, to avoid respiratory failure, kidney failure, blood stasis, etc. The medications were also described in two previous studies of the author, entitled Can We Treat Atopic Dermatitis without using Corticosteroids? And Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin?

As stated by Hippocrates, disease was a natural process; that the signs and symptoms of a disease were caused by the natural reactions of the body to the disease process.

**Conclusion:** The majority of the patients studied has no energy on the chakras center meridians, leading to more propensity to invasion of external pathogenic factors, or coronavirus infection. The treatment of this lack of energy is important before, during and after the infection, to prevent the infection in itself and the complications of the infection during the treatment, and after the infection to recover the chakras energy meridians, to prevent other infections and diseases in the future.