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Understanding brainwaves and stimulating gamma waves with quantum technologies and therapies to expand consciousness and to promote healing

Abstract:

The human brain is a complex entity constantly at work, sending electrical signals, communicating, building new neural connections and so on. This electrical activity generated by the brain, also known as brainwaves, reflects our state of mind. If we deepen our understanding of these brainwave frequencies, we can control our reality. Reality is not based on outside influences but is an internal process based on our thoughts, perception and emotions. There are five different kinds of brainwaves – Beta, Alpha, Theta, Delta and Gamma. Each brainwave has its own set of characteristics representing a unique state of consciousness. It is completely a natural biological occurrence in every human being to experience these different states at various times in a day, and generally one state is dominant. Let us say, in non-active thinking tasks like sleeping, these brain waves are rather slow and of a low amplitude. In an active thinking task, these brain waves are quite fast and in higher amplitude. Gamma brain waves are one of the fastest waves that reach all parts of the brain, and they are recognized as very special waves! Their frequency is normally 40 Hz and more. It has already been observed that people can produce Gamma waves that have amplitude of 100 Hz! They occur when millions of neurons are active at the same time and "fire" these electrical impulses simultaneously. The Gamma wave originates in the thalamus and moves from the back of the brain to the front and back again 40 times per second in a rapid "full sweep" action. These brainwaves are mostly produced by geniuses. They are "the genius brain waves". They are also observed in meditators who are practicing the loving kindness meditation. As it seems, Gamma waves either occur in very intelligent people or in those people who experience unconditional love. It is understood that increasing Gamma waves can lead to a number of marvelous benefits, such as: -Better Memory - Increased Focus on tasks - Increased capacity for learning - Works like an anti-depressant - Studies have shown that a gamma brain wave therapy was successful against ADD - People have feelings of extreme bliss - People tend to have a profound compassion towards other people - Enhanced Senses: the senses work better and reality is perceived more vividly. It has been demonstrated that healing happens when the patients experience these states of high coherence (gamma waves). Unfortunately, people do not produce these brain waves under normal circumstances. The brain needs to be trained to produce more of these Gamma brainwaves. The QUEX Bio resonance & Biofeedback device makes it possible to stimulate these brain waves with focused energetic therapies. Frequency therapies as used in QUEX Technologies are holistic, personalized, efficient, safe, painless, drug-free, without side-effects, in harmony with the environment and scientifically proven.

Biography

Jacqueline has more than 30 years of experience as a Manager, Management Consultant, and Coach mainly in Canada, USA, France Hong Kong and UK. She trained from experts and teachers in Personal Development and Alternative Medicine in Europe, America and Asia. She is a Lecturer, Seminar leader, Coach and Quantum Biofeedback & Bio resonance Expert promoting Quantum Technologies & Therapies and training & coaching practitioners in their understanding and practice of this new approach to health and wellness. She is the founder of BioQuantique S.A.R.L. (Geneva).

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