

The effectiveness of creative problem solving skills training on behavioral disorders and cognitive functions of girls who are in conflict with their parents

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Objective: Determine the effectiveness of creative problem solving skills training on behavioral disorders and cognitive functions of girls who are in conflict with their parents.

Method: The research method was semi-experimental with experimental and control group. The statistical population of the study was female high school students in Khoy city in 1398. Sample size was selected by purposive sampling and were divided into experimental and control groups. The experimental group was trained in creative problem solving skills of Isaxen and Treffinger (1987) model and the control group underwent intervention program. It didn't happen. The tools used in this study were the parent-child conflict questionnaire of Murray Strauss (1979), the Rutter Behavioral Disorder Questionnaire (NEQ) and the Neurological Cognitive Ability Questionnaire (2013). Data analysis method was covariance analysis using spss software version 21.

Findings: Findings indicated that teaching creative problem-solving skills in affective behaviors and cognitive functions of secondary school girl students was effective in conflict with parents.

Conclusion: Children who are in conflict with parents can reduce their behavioral disorders and improve their cognitive functions through training in creative problem solving skills.

Keywords: Creative problem solving skills, Behavioral disorders, Cognitive functions, Parent conflict.

Biography

Mehdi Dehestani is an Associate professor of clinical psychology at Payam Noor University, Tehran, Iran. His major research interests include Storytelling, Anxiety, Depression, Preschool girls.

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