

Joint Meeting on
2nd Annual Conference on
PEDIATRIC NURSING AND HEALTHCARE
&
23rd WORLD NUTRITION & PEDIATRICS HEALTHCARE CONFERENCE
June 17-18, 2019 Dubai, UAE

Study to assess the effectiveness of planned health teaching programme regarding kangaroo mother care on knowledge, practice and attitude of mothers delivered in selected hospitals of Pune city

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Not all areas in the world have resources to provide technical intervention and health care workers for premature and low weight babies. continuous skin-to-skin contact with their low birth weight babies to keep them warm and to give exclusive breastfeeding as they needed.

Objectives

To assess knowledge, practice and attitude scores of mothers regarding the kangaroo mother care before the administration of planned health teaching.

1. To assess knowledge, practice and attitude scores of mothers regarding the kangaroo mother care after the administration of planned health teaching.
2. To compare the pre test score with post test score of knowledge, practice and attitude of mothers regarding the kangaroo mother care.
3. To find the association between selected demographic variable with post test score of knowledge, practice and attitude of mothers regarding the kangaroo mother care.

The research design selected for the present study was single group pre-test post-test quasi-experimental design. The study was conducted in the postnatal ward of selected hospital of Pune city The samples were selected by non-probability purposive sampling technique The sample size for the study consisted of 60 postnatal mothers with newborn. Sample were selected as per availability and fulfillment of the pre-set criteria. The tool contains four parts: Demographic data of the postnatal mothers. Semi- Structured Questionnaire. Attitude scale. Observational Check List. The reliability of the tool was established by using by Test-Retest method technique. Overall mean knowledge pretest score was 3.70 which was increase in post test to 10.13. Overall mean attitude pretest score was 42.98 which was increase in post test to 63.70 Overall mean practice pretest score was 8.15 which was increase in post test to 12.30 Education is the demographic variable which is significantly associated with knowledge scores. There is no demographic variable which is significantly associated with attitude score. There is no demographic variable which has significant association with practices score. The planned teaching significantly brought out improvement in the knowledge of post natal mother regarding kangaroo mother care

Biography

Priyadarshani has completed her Master of Science in Pediatric Nursing from MUHS. She has 9 years of teaching experience at graduate and Post-Graduate levels.

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