Joint Event

32nd International Conference on

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November 21-22, 2022

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Shanika Lavi Wilson et al., Int J Emer Ment Health 2022, Volume 24

Unconscious bias in clinical supervision

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Unconscious bias in clinical supervision, ways to assess and address this form of bias in the clinical supervision dyad and discuss ways to utilize <u>Multicultural Supervision</u> and Anti-Racism practices to address bias. This presentation will review the Implicit Bias & <u>Structural Racism Framework</u>, Implicit Association Test (IAT), Dismantling Racism on the Micro, Macro and Mezzo Levels and Multi-Tiered Intensive Supervision are examined for empirical and theoretical etiology of <u>unconscious bias</u> in clinical supervision.

Biography

Shanika Lavi Wilson received her bachelor's in Psychology from the University of Connecticut-Storrs, a master's of science in social work (MSSW) with a concentration in Mental Health and substance abuse from the University of Wisconsin-Madison and her doctor of social work (DSW) with a concentration in clinical practice and leadership from the University of Tennessee-Knoxville.

Received: November 03, 2022; Accepted: November 05, 2022; Published: November 22, 2022

International Journal of Emergency Mental Health and Human Resilience

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Accepted Abstracts

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Int J Emer Ment Health 2022, Volume 24

Effect of graded early mobilization on psychomotor status and length of intensive care unit stay in mechanically ventilated patients

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Purpose: The purpose of the study was to evaluate the effectiveness of graded early mobilization on <u>psychomotor</u> status and length of ICU stay of patients with mechanical ventilation.

Methodology: Total 50 patients were selected as participant in the study from BRB hospital, Dhaka. 25 were included in ICU Treatment group and another 25 were in Intervention group. Graded early mobilization was provided as intervention to all participants of intervention group by a professional qualified <u>physiotherapist</u> for 10 sessions to each participant.

Results: In control group mean of FIM score was 17.40 (SD 4.881) and in intervention group mean score was 65.70 (SD 12.184). The mean difference was statistically significant in't' test. (p value 0.001). In control group the mean of GAD 7 score was 19.50 (SD 2.717) and in the <u>intervention group</u> the mean of GAD 7 score was 7.5 (SD 2.593). The mean difference was statistically significant in't' test. (p value 0.001). The mean of length of ICU stay was in control group 5.60 (SD 1.07497) and in intervention group it was 3.10 (SD 0.56765). The mean difference was statistically significant in't' test. (p value 0.001).

Conclusion: This research showed that graded early mobilization was highly effective to improve mechanically ventilated patients motor and psychological status and reduce length of ICU stay.

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The relationship between parents' parenting styles and depression in pre-university female students

Elaheh Mohammadi

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The present study was conducted with the aim of investigation the relationship between parents' parenting methods and depression in their daughters. The research method is correlation. The statistical population consisted of 500 female pre-university students in the city of Kooshk in the academic year of 2020-2021, from 85 students were selected using the available sampling method. Then, the variables were measured with "Beck's depression" and "Shanai's parenting style". Statistical analysis of the data was done by Pearson and Spearman correlation test. The findings of the research show that there is a negative correlation between the providing of independence and responsibility by parents, having expectations and expectancies in accordance with the children's ability and parental affection with girls' depression and there is a positive correlation between parents' punishment and blame with girls' depression. The results of the research show that as responsibility and independence acquisition, logical expectations, avoidance of punishment and parent's kindness increase, children's depression also decreases.

Keyword: Depression, Parenting style, Punishment, Responsibility.

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Understanding the athletic mind

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Modern day athletics aren't what they used to be. Sports have turned into large corporations, even turning youth athletics into inaccessible, money-making scenes. The cost and commitment of athletics today has given way to a world in which the mental wellness of athletes has declined rapidly. Being a part of a sport used to be about personal growth and community- working together as a team while finding yourself as an individual through performance. Overworking, exhaustion and millions of other variables give way into mental blocks, creating dangerous environments for these players. Is it possible to shift the mindset of modern day athletes in a generalized way that allows positive mental growth with improved performance? This paper investigates the inner workings of the athletic mind and the ways in which sports organizations and coaches can improve the lives of these athletes on and off the field. The study focuses on the effectiveness of implementing the teaching of mental health literacy to athletes so they can understand how the mind works from a young age and whether or not this affects performance. Along with this, psychological processes will be researched carefully to discover any solutions toward improved performance and mental wellness. To bring back the importance of athletics, there must be a system in place to solve the widespread individual mental health issues of athletes and researching this from a psychological standpoint will bring about desired solutions to the mental health struggles athletes face today.

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