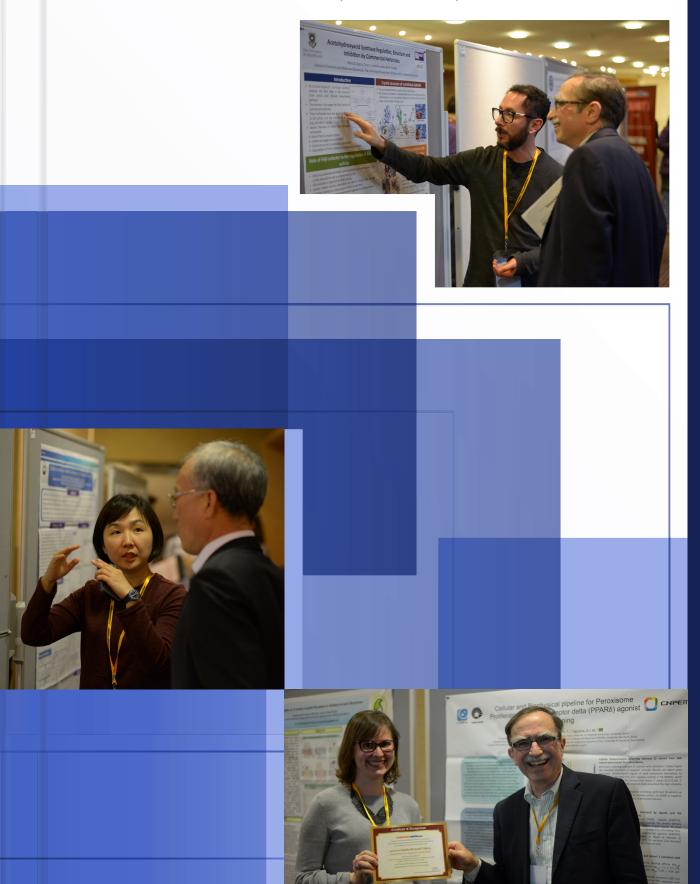
Joint Meeting on 30th International Conference on PSYCHIATRY AND MENTAL HEALTH &

25th COGNITIVE NEUROSCIENCE CONGRESS November 12-13, 2018 Dubai, UAE



Posters

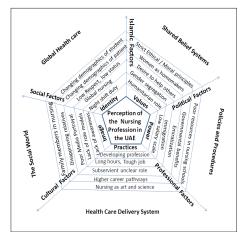
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Looking through a social constructivist lens to identify social and cultural factors influencing nursing in the UAE

Briliya Devadas Fatima College of Health Sciences, UAE

Background & Aim: The nursing profession today is facing significant global challenges in the area of workforce imbalances and underlying this multifaceted problem is one of decreased supply and increased demand, with negative impacts affecting health care systems around the world. The situation is true in the UAE as well. The purpose is to critically explore the issue through a social constructivist lens, with a view to broaden understanding on the phenomena and highlight the complex web of inter-related socio-cultural circumstances that surround the Emirati nursing students', their families and their immediate local community's perception of the nursing profession in the United Arab Emirates.

Method: Review of existing literature and a hermeneutic phenomenological interview, conducted with an Emirati nurse currently pursuing a post-graduate bridging nursing degree in Abu Dhabi while working in the Emirate, to elicit some empirical findings on the issues.



Findings: Select socio-cultural factors influencing the profession in the country

include the changing face of nursing and the nursing student, night shift duty, disapproving family members and relatives, lack of awareness among the local population, poor media portrayal and limited role models. Islamic factors having a bearing on the societal perception of nursing include contrasting values such as strict ethical and moral principles in society. Political factors influencing the local perception include poor governmental resources for nursing and nursing schools and approval of licensure for immigrant workers. Professional factors contributing to the phenomenon includes nursing being a developing profession.

Conclusion: Each of the factors, by themselves contribute to the poor societal recognition of nursing in the UAE, together they form a formidable web of interrelated factors demonstrating the uphill battle that leaders in nursing face, in professionalizing nursing in the country.

Recent Publications

- 1. Devadas B (2017) Nursing Education Leaders Experiences of Emirati Nursing Student Recruitment and Retention. *The Journal of Middle East and North Africa Sciences*; 3(11): 12-24.
- 2. Devadas B R (2017) Emirati student recruitment and retention in nursing education using a mixed methods approach. *Learning and Teaching in Higher Education: Gulf Perspectives*;

Biography

Briliya Devadas is working as an Assistant Professor at the Fatima College of Health Sciences, UAE. Her use of the socio-constructivist model has helped to gain insight in the culture of the nursing profession. Her investigations are in recruitment and retention within the organization, in nursing education and the role of nurse education leaders in dealing with the issue.

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Immediate healing for personality development

Hadi Eltonsi Cairo University, Egypt

Statement of the Problem: Clients receiving psychotherapy requires several sessions even if with drugs and use of will power over time. The aim is to achieve immediate non medicinal effortless, painless healing without complications. For personality development, relief of neurotic disease, psychosomatic symptoms and diseases, treating emotional obesity and smoking.

Method: After joint analysis with client and definition of psychological and physical goals of treatment, the healer as a trained behavioral, cognitive and logo psychotherapist arrives with client to a new corrected understanding of the case and roots of conflicts in childhood, taking around 2 hours, then in less than an hour performs nonverbal interpersonal hypnosis with transfer of energy and telepathy to client till deep sleep when he implants the required personality, ideas, emotions, motives and attitudes into the subconscious embodying the required state. The subconscious and conscious mind will be agreed upon analysis and targets for immediate results in that session of 3 hours.

Results: The healer got patent in Egypt 2016 for his discovery of the immediate healing for personality development and for mentioned purposes. Up till now treating more than 700 cases aging between 12 and 80 years with relief of more than 80% of cases either totally or mostly.

Conclusion: Immediate non medicinal revolutionary life transforming healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also it is used to maturate community leaders to be trouble shooter model efficient leaders with team spirit.

Biography

Hadi Eltonsi is a Medical graduate trained in group psychotherapy, hypnosis, Silva mind control, NLP, Reiki master, Pranic healing, life couch, mantra yoga meditation, psychic powers and family constellation. He has performed many TV, radio interviews and seminars apart of two short American films about his work or inspired by his skills which were shown in international film festival.

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Developing the creative potential of children by stimulating the window of opportunities

Daniela Silva dos Santos University Estácio S.A., Brazil

The theme developing the creative potential of children by stimulating the window of opportunities was prepared in order to demonstrate how it is possible to develop the children's creative potential during the critical neuroplasticity, reflecting on the role of windows of opportunity for the child's learning as well as about practical examples of stimulus for the improvement of these learning. This work presents the relevant topics such as neuroplasticity child; development practices of neurolearning in childhood; neuroeducation and creativity, addressing the creative practice during sensitive periods of child development. It is noted that during the critical neuroplasticity, the brainchild windows are more susceptible to change and for this reason a stimulus-based education and challenges of learning is essential for the acquisition of new knowledge and skills, including thinking and the creative act. Creativity is a characteristic of childhood, which can be enhanced more effectively during sensitive periods of the child's learning through the plasticity of the brain, in a way that each new stimulus or acquired experience becomes new brain connections by the nervous system and therefore different abilities. In this way, the creative practice can be improved by the multiple intelligences of children, which concern the different skills dispersed in different brain regions. Take advantage of the opening of the infant brain windows, is to provide for the child a world of new experiences and learning, through the experimentation of multiple stimulus and opportunities offered by the environment.

Biography

Daniela Silva dos Santos has background in pedagogy with Post-graduation in People Management and Neuroeducation. She currently contributes as educational Writer and Researcher in Neuroeducation, developing articles and educational materials for parents, students and teachers. Working in collaboration with The New Heights Educational Group, she has just published *Unraveling Reading*, a book on literacy education and learning disabilities in reading and writing.

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Psychiatric patients boarding at the emergency department: Length of stay and consequences

Huma Iram Gulf Medical University, Qatar

Background: Limited inpatient services lead to a large number of psychiatric patients boarding at the emergency department for duration of time before being transferred to the psychiatry inpatient wards. This poses unique challenges for the care of these patients as they spend time in the emergency rooms which are ill-equipped for their needs. It also increases the overcrowding in the ER and the need for nursing staff required for their care.

Objectives: In this research audit we look at the length of stay for psychiatric patients boarding at the emergency room at Hamad General hospital which is the largest government hospital in the state of Qatar. We also looked at other parameters like, the number of psychiatric patients who leave the ER against medical advice of their own will, whether they return afterwards within a week or not, and also, how many of the boarding patients were treated and discharged without being transferred to the psychiatry hospital.

Methodology: A Facility-based descriptive analytical cross-sectional retrospective study was carried out between the months of January 2017 and April 2017 for the boarding psychiatric patients at Hamad hospital Emergency department, to determine their situation and consequences after admission order by psychiatry medical staff. A total of 375 patients were included in the study. Data was analyzed using SPSS for windows (version 20.0)

Results: It was found that out of the 357 boarding patients, only 95 (26.6%) spent less than 12 hours in the ED, and a cumulative of 115 patients spent more than 24 hours in the ED. What was also found was that from the 65 patients discharged by the psychiatry liaison team only 3 returned to the ER within 1 week. On an average, patients on either kind of nursing precaution (suicide or absconding) spent less time in the ER were transferred earlier than those not on precautions. No significant differences were found with regards to gender.

Discussion: After reviewing the national mental health strategy, as mentioned in the introduction as well, it is deemed that a need of 319 psychiatric beds is present in the state of Qatar currently. The mental health strategy also highlights plans for expansion of psychiatric services in all the various disciplines like community and home care as well, in order to reduce the number of patients boarding in the ER which goes in line with the recommendations that are produced through this audit.

Biography

Huma Iram graduated from Gulf Medical University in Ajman, UAE, in 2009. She is a licensed, board certified psychiatrist, currently working in the position of a Clinical Fellow in Consultation Liaison Psychiatry in HMC. She finished her Residency in Psychiatry from HMC as well. Her area of expertise includes treating patients with psychosomatic illnesses presenting to the emergency department as well as consulting on patients with psychiatric/behavioral symptoms in the medical and surgical floors. She is active in various ongoing research projects in her institution.

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