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Joint Meeting on  
30<sup>th</sup> International Conference on  
**PSYCHIATRY AND MENTAL HEALTH**  
&  
**25<sup>th</sup> COGNITIVE  
NEUROSCIENCE CONGRESS**

**November 12-13, 2018**  
**Dubai, UAE**



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Keynote Forum (Day 1)

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**Hadi Eltonsi**

Cairo University, Egypt

**Immediate healing for personality development**

**Statement of the Problem:** Clients receiving psychotherapy requires several sessions even if with drugs and use of will power over time. The aim is to achieve immediate non medicinal effortless, painless healing without complications. For personality development, relief of neurotic disease, psychosomatic symptoms and diseases, treating emotional obesity and smoking.

**Method:** After joint analysis with client and definition of psychological and physical goals of treatment, the healer as a trained behavioral, cognitive and logo psychotherapist arrives with client to a new corrected understanding of the case and roots of conflicts in childhood, taking around 2 hours, then in less than an hour performs nonverbal interpersonal hypnosis with transfer of energy and telepathy to client till deep sleep when he implants the required personality, ideas, emotions, motives and attitudes into the subconscious embodying the required state. The subconscious and conscious mind will be agreed upon analysis and targets for immediate results in that session of 3 hours.

**Results:** The healer got patent in Egypt 2016 for his discovery of the immediate healing for personality development and for mentioned purposes. Up till now treating more than 700 cases aging between 12 and 80 years with relief of more than 80% of cases either totally or mostly.

**Conclusion:** Immediate non medicinal revolutionary life transforming healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also it is used to maturate community leaders to be trouble shooter model efficient leaders with team spirit.

**Biography**

Hadi Eltonsi is a Medical graduate trained in group psychotherapy, hypnosis, Silva mind control, NLP, Reiki master, Pranic healing, life couch, mantra yoga meditation, psychic powers and family constellation. He has performed many TV, radio interviews and seminars apart of two short American films about his work or inspired by his skills which were shown in international film festival.

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**Javier Fiz Perez**

European University of Rome, Italy

**Management of work-related stress, adaptation, economic crisis and bullying risk**

The purpose of this study is to examine the prevalence rate of workplace bullying in a sample of Italian and Spanish employees and its differential consequences on employees' job satisfaction and psychological well-being. The effects of workplace bullying on job satisfaction and psychological well-being were explored taking into account a contextualized approach. Cross-sectional study was adopted in which a sample of 1,151 employees in Italy and 705 in Spain completed a questionnaire. We hypothesized that the relationship between exposure to bullying behaviors and psychological well-being is mediated by job satisfaction, and that this simple mediation model is moderated by the country. Results suggest that no particular differences exist in bullying prevalence among Spanish and Italian employees. However, we found scientific confirmation of our hypothesized moderated mediation model. Nevertheless the limitations of the sample studied, findings capture contextual differences in the bullying phenomenon which may have several implications for further research in this domain, as well as for designing interventions to deal with workplace bullying. Although this study explores bullying in different cultural contexts without investigating specific cultural values, it establishes the roots to evaluate workplace bullying from a contextualized perspective.

**Recent Publications**

1. Fiz Pérez J, Margaritelli F, Di Lullo M (2016) Stress, lavoro e benessere nell'aria dei Social Network: Linee di pensiero e d'azione. *Franco Angeli Editore*; ISBN 978-88-917-2771-8.
2. Fiz Pérez, et al. (2016) Bullismo e cyberbullismo. *NeP Edizioni*; 978-88-99259-80-8.

**Biography**

Javier Fiz Perez is a Psychologist and Psychotherapist being in Italy a Member of the advisory board of the academic senate of l'accademia tiberina. He is also the Scientific Research Director of the European Institute of Positive Psychology (IEPP. Madrid).

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## *Khurram Sadiq*

*Greater Manchester Mental Health NHS Foundation, UK*

### **Social media: The antisocial media, its challenges and impact on mental health**

Well we live in a dynamic world of social media. The world is divided into two paradoxes, real world and online which is now declared a domain. We know the advantages of social media, how connected we are, how easy it is to communicate however what we disregard is the unknown dark realm of the social media with a dynamic interface which is very engaging and addictive in nature. With the expansion of social media and advent of smart phones, our universe is in our hands and just a touch away. Screen time has increased considerably, real time has decreased substantially and there is a false perception of anonymity, closeness, proximity and security. This leads to a lot of deviant behaviors. Outdoor activities have been replaced with gaming consoles, VR gismos and ever engaging social media. Social isolation is on the rise, there has been an increase in the mental health disorders amongst children, adolescents and adults. Social media is now deemed as an addiction. There is a significant withdrawal, craving and dependence on social media, working on rewards, surges, highs and pleasure system. The conundrum is to counter this addiction which impacts the young impacting not only the social values but institutions affecting skill sets and endangers the societal fabric. Amongst teenagers there has been an increase in mental health disorders by 75% in the past 2 decades. There have been relapses of bipolar illness and psychotic disorder due to social. Isolation instigated by cyber world that includes gadgets, gaming, social media, etc. Stalking has never been easy, instead of one there are multiple targets, paranoia and delusional word has become more elaborated fed by the addictive enchanting and enthralling world of social media.

### **Biography**

Khurram Tanveer Sadiq is a Consultant Psychiatrist in Manchester. He was given the award by international association of health professionals as one of the top psychiatrist in UK and as one of leading physicians of the world. He has also been included in the continental who's who list which is a leading publication in US.

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## *Efthymios Papatzikis*

*Canadian University Dubai, UAE*

### **Music in the Early Years Neurocognitive Development: Discussing an Auditory Brainstem Response (ABR) study and its applications**

Around the globe, we all the more see the intentional usage of music and sound to increasingly expand as a ‘tool’ of Abiopsychological research in the context of the prenatal and postnatal (perinatal) medicine practice and education. Investigations focusing on the early years of life have clearly shown that there are functional specialisations for sound processing in the human brain, while it has been established that the brainstem, being a crucial part of the auditory system, is hugely affected sound-wise by the environment and care practices very early in life. However, not much research has directly addressed this correlation that may exist between music and the brainstem’s neuronal growth; in function and structure. We do not really know how the brainstem’s maturation process progresses in the first months of life, through sound and most of all music, thus affecting the later adult brain function and the whole life-span disorders. How is this specific part of the subcortical brain region, which is closely connected to sound perception and decoding, influenced by this very powerful neuroplastic force that music imposes on its neuronal circuits? This presentation, having a twofold approach in mind, will first communicate the latest research evidence on the sound and music brain perception field in the early stages of life, while later will showcase a relevant research protocol, discussing details on this kind of research as of its procedures and possible outcomes.

#### **Biography**

Papatzikis is an Assistant Professor in Educational Neuroscience, fervently studying the field of brain development and perception through sound and music. He has been extensively trained in and worked on neuroscience and music education in many high-profile institutions prior to joining the Canadian University Dubai, including Harvard University, the University of East Anglia, the UCL, Institute of Education, University of London and its adjunct centre of Educational Neuroscience as well as the International Brain Research Organisation. Dr. Papatzikis has experience in industry across Europe and the USA as an advisor and researcher, including among other roles within the Botin Foundation, Spain; the Early Arts, UK and the Early Years Programs at the BBC Network. Dr. Papatzikis is a registered member of the International Brain Research Organisation (IBRO), the Society for Education, Music and Psychology Research (SEMPRE), UK, and the International Society for Music Education (ISME). He is also a Fellow of the Higher Education Academy (FHEA), UK, and holds Qualified Teacher Status (QTS) with the National College for Teaching and Leadership, UK, and the Ministry of Education, Greece (QTS).

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**Jeffrey Rediger**

McLean Hospital, USA

**Achieving mental wellness by understanding human mind**

The presentation discusses the research into the factors associated with improbable recoveries from medical illness and the implications for our understanding of health and illness. Relevant research in several fields and several stories of remarkable recovery will be examined as examples that highlight the capacities of mind and faith that appear to underlie these recoveries. This is an exciting time in health-care, where paradigms of health, wellness and associated technologies are beginning to demonstrate efficacy in arenas where traditional disease-based models have been more limited. We will compare and contrast current strengths and limitations of the traditional biomedical model with a more person-centered approach that is built on strengths rather than deficits. Associated paradigmatic issues will be discussed and we will consider the power of a medicine that is less disease-focused and built more on wellness. We will examine this in the context of with developing technologies, which are beginning to drive this change. These technologies, we expect, will continue to democratize health, empower consumers and create dramatically new opportunities for achieving heretofore impossible levels of personal and professional wellness.

**Biography**

Jeffrey Rediger is the Faculty of Harvard Medical School, the Medical Director of McLean SE and Community Affairs at McLean Hospital and the Chief of Behavioral Medicine at Caritas Good Samaritan Medical Center. He is a Licensed Physician and board-certified Psychiatrist. He also has a Master of Divinity from Princeton Theological Seminary. His research with remarkable individuals who have recovered from illnesses considered incurable has been featured on the Oprah Winfrey and Dr. Oz Shows, among others.

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