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**Parental intelligence - Actualization within parent's daily practices****Anat Ben Salmon***Rotem Center for Practical Professional training, Isreal*

According to Hollman, (2015) parental intelligence is what parents use in their attempt to comprehend their child's mind. Moreover, it is characterized by discovering meaning in the child's behavior, the attempt to understand the underlying features of the behavior, and how to clarify that behavior (Hollman, 2015). In contrast to this definition, we suggest that parental intelligence emerges with a parent's awareness to his own self, his history, background, experience, and aspiration which underlie his decision making process in his behavior with and in relation to his children (Ben Salmon and Erez, 2021). According to our previous publication, parental intelligence is a conceptual abstract entity which has structure and mechanism. It is therefore directs the parent's daily behavior as well as his decision making process while facing challenges in his parenthood. As with any conceptual entity we can only observe its concrete attributes which are evident in the behavior of the parent in relation to his children as well as with his parents (Ben Salmon and Erez, 2021). In addition, we can observe the impact of parental intelligence implications in a child's reactions towards the parent's practices. Based on our practical experience as parental therapists, we conclude that parents usually perceive themselves as reactive in nature.

Nevertheless, parents must acknowledge their primal position as mature adults, who are responsible for the setting in which the child is fostered. Therefore, we suggest an alternative perspective, which relates to children as reactive to their parents. Thus, adjusting the order of cause and effect in relation to parent-child relationships. In this article, we suggest elaboration upon the different characteristics of parental intelligence and their reflections in parent's practices. In addition this review will suggest how parental intelligence can be extended.

**Biography**

Anat serves as the chairman of the Israeli Parental Counseling and Family Counseling Association. Over the past three years, together with Ofer Erez, Anat has broadcast a weekly radio show and has daily live broadcasts on social media networks, discussing mental health topics. Anat has published several academic publications in the last year and is involved in ongoing research of her practice. She serves on the editorial board of "Clinical images and case reports journal". Anat has more than 16 years of practical experience working with children, adolescents and parents. During her undergraduate studies, she worked as a therapist in the Welfare Ministry and served as a group therapist in a mental health hospital in Ottawa, Canada. Anat is the co-manager of Kelim Shiluvim L.T.D (established in 2006) that specializes in diagnosis and therapy and for individuals and families in both clinical and home settings and has treated hundreds of couples and families.