



40th Global Conference on
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**SCIENTIFIC TRACKS
& ABSTRACTS**

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Understanding brainwaves and stimulating gamma waves with quantum technologies and therapies to expand consciousness and to promote healing

Abstract:

The human brain is a complex entity constantly at work, sending electrical signals, communicating, building new neural connections and so on. This electrical activity generated by the brain, also known as brainwaves, reflects our state of mind. If we deepen our understanding of these brainwave frequencies, we can control our reality. Reality is not based on outside influences but is an internal process based on our thoughts, perception and emotions. There are five different kinds of brainwaves – Beta, Alpha, Theta, Delta and Gamma. Each brainwave has its own set of characteristics representing a unique state of consciousness. It is completely a natural biological occurrence in every human being to experience these different states at various times in a day, and generally one state is dominant. Let us say, in non-active thinking tasks like sleeping, these brain waves are rather slow and of a low amplitude. In an active thinking task, these brain waves are quite fast and in higher amplitude. Gamma brain waves are one of the fastest waves that reach all parts of the brain, and they are recognized as very special waves! Their frequency is normally 40 Hz and more. It has already been observed that people can produce Gamma waves that have amplitude of 100 Hz! They occur when millions of neurons are active at the same time and "fire" these electrical impulses simultaneously. The Gamma wave originates in the thalamus and moves from the back of the brain to the front and back again 40 times per second in a rapid "full sweep" action. These brainwaves are mostly produced by geniuses. They are "the genius brain waves". They are also observed in meditators who are practicing the loving kindness meditation. As it seems, Gamma waves either occur in very intelligent people or in those people who experience unconditional love. It is understood that increasing Gamma waves can lead to a number of marvelous benefits, such as: -Better Memory - Increased Focus on tasks - Increased capacity for learning - Works like an anti-depressant - Studies have shown that a gamma brain wave therapy was successful against ADD - People have feelings of extreme bliss - People tend to have a profound compassion towards other people - Enhanced Senses: the senses work better and reality is perceived more vividly. It has been demonstrated that healing happens when the patients experience these states of high coherence (gamma waves). Unfortunately, people do not produce these brain waves under normal circumstances. The brain needs to be trained to produce more of these Gamma brainwaves. The QUEX Bio resonance & Biofeedback device makes it possible to stimulate these brain waves with focused energetic therapies. Frequency therapies as used in QUEX Technologies are holistic, personalized, efficient, safe, painless, drug-free, without side-effects, in harmony with the environment and scientifically proven.

Biography

Jacqueline has more than 30 years of experience as a Manager, Management Consultant, and Coach mainly in Canada, USA, France Hong Kong and UK. She trained from experts and teachers in Personal Development and Alternative Medicine in Europe, America and Asia. She is a Lecturer, Seminar leader, Coach and Quantum Biofeedback & Bio resonance Expert promoting Quantum Technologies & Therapies and training & coaching practitioners in their understanding and practice of this new approach to health and wellness. She is the founder of BioQuantique SARL (Geneva).



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5 steps towards improved vitality

Abstract

Over David's years as a coach trainer and Athlete, he realized that there are patterns that repeat themselves that enable athletes and teams to perform at their best time after time. Watching these teams and athletes before, during and after their performance David concluded that there was surely a way he could bring these patterns into the corporate world and get these corporate "athletes" to perform their peak and raise their vitality during the process. By raising their vitality as a team you raise the morale, productivity and profitability of the workplace, or in the nursing situation you have happier, more productive staff and can prevent burnout.

Methods

5 Steps Towards Improved Vitality is a presentation that will give the participants the systems and strategies to help them SNAP into action, know why how and when to NAP effectively for optimum performance, understand that TAPPING doesn't mean a loss, but rather a learning point. Why CLAPPING and celebrating are an important part of teamwork and increasing productivity and the importance of RE-CAPPING in order to keep improving in all areas of your life.

Biography

David has been a coach and trainer for over 20 years, as well as playing Rugby league at a semi-professional level, broke his arm arm-wrestling, and then went into Martial Arts and competed in MMA (Cage fighting). It was during his time fighting that he met his wrestling coach who guided him into Life coaching and Professional speaking. It was during this time that David came up with his 5 Steps towards Improved Vitality keynote. He truly believes that this presentation will give you the methods to improve your vitality, which is much needed after the last 2 ½ years the nurses have been through during the first lockdown in 2020 David joined forces with a marketing team to create Phenom Leap Education.

David Lindsay

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STRESS PREGNANCY, COVID-19 AND A SOLVES: TELEHEALTH

Introduction:

Considering the data of the last 2 years, we find that stress and depression have increased dramatically. More specifically, during the pregnancy we saw that the percentages are constantly on the rise. There are many reasons for stress, loneliness, and depression during pregnancy. Concerns about their lives, but also about their newborn are included in them and many others, which are listed below

Conclusion:

Telehealth and constant contact with the patient helped in this important problem, reassuring her, and supervising her quite often through a camera. Furthermore, they were protected from any exposure to the virus but also from constant guidance. However, there are still improvements in telehealth and its applications that we hope will take place in the future

Keywords:

COVID-19, stress, pregnancy, mental health, telehealth

Biography:

Evangelia Michail Michailidou is an ICU Director at General Hospital of Agrinio. She has published a lot of articles. She has more than 10 years of teaching experience.

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The effect of indwelling urinary catheter clamping method on catheter-associated complications in intensive care patients: a randomized controlled study

Abstract

Aim

This study was carried out to investigate the effects of bladder training performed by catheter clamping for the termination of indwelling urinary catheterization on infectious complications, non-infectious complications, first urination, first urine volume, urinary retention development status and need for recatheterization, and length of hospital stay due to catheterization.

Method

This randomized controlled experimental type study was conducted with intensive care patients undergoing gastroenterology surgery. Three forms were used to collect the data: "Individual Identification Form", "Catheter-Related Infectious Complications Follow-up Form", and "Catheter-Related Non-Infectious Complications Follow-up Form".

Results

When the descriptive characteristics of the free drainage group and the clamped drainage group randomized by gender were compared, it was concluded that there was no statistically significant difference between the groups. Bladder training through indwelling urinary catheter clamping and free drainage application had a statistically significant effect on non-infectious complications, first urination time, first urine volume, urinary retention development status, need for recatheterization and hospital stay after catheter removal.

Conclusion

A statistically significant difference was found between the clamped drainage group and the free drainage group in terms of at least one infectious complication in terminating indwelling urinary catheterization, infectious complications were found to be higher in the clamped drainage group. Apart from this important finding, no advantage or disadvantage of the catheter clamping method has been determined.

Keywords:

Urinary Catheter Clamping, Catheter-Related Complications

Biography

Hulya Kocyigit is currently working as Research Assistant at the Sivas Cumhuriyet University. She graduated a doctoral program in the Department of Nursing at the same university in 2022.

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Rare and interesting case of choroid melanoma presenting as a case of acute congestive glaucoma left eye in a 55 years old male patient

Abstract

Choroid melanomas are one of the commonest intraocular tumors which are either benign or malignant. Pigmented or non-pigmented more common in whites than blacks have got an early tendency for liver metastasis however if diagnosed and treated in time one can prevent liver metastasis. They are 6.5 per million in U S and 7 per million in Denmark and either Scandinavian country. They are 80 percent choroid 12 and 8 percent involve c body and iris respectively very difficult to diagnose due to their atypical manifestations however in most of cases present as solid or exudative retinal detachment on scan ultrasound or indirect OPHTHALMOSCOPY. Malignant melanomas of c body yields poor results as far as treatment is concerned

Results

A 55 years old male patient in year 2011 presented with a TYPICAL presentation of a c glaucoma with severe redness and pain and dyed loss of vision was put on ant glaucoma medication from an ophthalmic ER DEPT OF MEDECAL COLLEGE IN the form of Prostaglandin analogue with timiitol dots eye drops one and 2 drops respectively with topical installation of steroiddrops 4vtimes a day with systemic administration of I v 500 ccs of 20 inj manitol and I v 500 mg of acetazolamide even after 6 to 8 hours patient did not show any relief in his signs and symptoms no scan ultrasound was done outwash advised admission which he refused HE REFUSED He went Lama and sought 2nd option of an ophthalmologist whom upon b can ultrasound picked solid retinal detachment was sent for MRI scan brain for radiological confirmation of MELANIMA. Unfortunately radiological report even after repeating 2nd time was so confusing that it created all the confusion so not was left untreated for 2vyears as a painful blind eye.

Conclusion

More than 8 years have passed obits happy pain free has a good looking prostheses CT and MRI scan brain normal ultrasound liver normal. If we deal with a case of a c glaucoma not responding to usual a glaucoma medication please does b scan a tonic up solid retinal detachment and subsequent mnrbi brain?

Keywords:

Progress and painless visual field loss, Para central scotia, Blued vision

Biography

Dr. Gowhar Ahmad is a senior consultant from the Florence Hospital, Chanapora, and Srinagar Kashmir, India. He has published a lot of papers and attended conferences in different countries.

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Respiratory diseases and nursing care in pediatric age at the pediatric hospital at qsut. Albania

Purpose:

One of the main focuses of this strategy is that on children, as the most vulnerable group to environmental pollution, while the strategy relies on five key elements. For this reason, four priorities of health effects on children have been specified

Methods:

Our study included only 100 children, out of 500 cases hospitalized in the pediatric ward, October 2019_ February 2020. Environmental pollution in the capital is the cause that 57% of children living in Tirana suffer from respiratory infections. According to the study, 26% of children suffer from upper and lower respiratory tract infections, while about 11% of children have difficulty breathing, and about 20% of them are affected by these allergies. The data obtained were: age of the child, hospitalization diagnosis, oxygen saturation SatO₂, the need for mechanical ventilation, days spent in mechanical ventilation, etc.

Results:

We divided the children into age groups to see if there was a connection between the diagnosis and the other components. Birthplace and place of residence of children separated in town / village. Environmental pollution in the capital is the cause that 57% of children living in Tirana suffer from respiratory infections.

Conclusions:

So we will come to such conclusions, as to live in a clean environment and not overcrowded, with high hygiene and without humidity, it is also important.

Keywords:

Respiratory infections, children, éducation, health effects.

Biography

Denisa Veseli (BEGO) is a Lecturer in nursing, since 2004 at the University of Medicine, Tirana. In 2016 she won her Doctorate in Nursing Sciences, Tirana, Albania. She has published various articles in the field of nursing care.

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