

Joint Event

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## Mental health and behaviour disorder in children

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Children with behavioral disorder like Autistic spectrum and attention hyperactivity disorder or mental health problems—such as anxiety and mood disturbance often have insomnia. The medications prescribed for these conditions can also interfere with sleep.

Mental and behavioral disorders are disease of the brain effect 1 in 4 people worldwide and characterized by debilitating deficits in a person's thinking or feeling and motivation.

All children with behaviour or emotional issues have significant negative impacts on the individual and family .they are usually associated with poor academic psychosocial and occupation.It is important you be aware of the range of presentation and prevention, management of the common mental health problems in children.

### Biography

Amal AlQassmi finish her pediatric training in 2009, finish her clinical neurology and Epilepsy (2011-2015), working in King Saud Medical City since then, my interest Epilepsy and autoimmune with neurocritical in pediatric.