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Energy alterations in patients with Obesity

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Obesity is an abnormal fat accumulation that impairs health. It is a result of imbalances between the energy expenditure and daily energy intake resulting in excessive weight gain. Purpose of this study is to demonstrate that obesity patients have internal five massive organs deficient in energy (Kidney, Liver, Heart, Spleen, Lungs) responsible for the production of vital energy to keep out health in a balance state. When imbalanced, there is accumulation of Phlegm (Spleen deficiency) with constipation (Blood deficiency) and retention of liquid due to Kidney deficiency and Qi deficiency (abnormal sweating during the day) and causing less energy to do exercises and accumulation of dirty inside the body due to less energy to eliminate them. Methods: through three clinical cases reports of patient with obesity diagnosis (body mass index >30 kg/m²), they all were submitted to measurement of energy inside the five internal massive organs using a crystal-pendulum (radiesthesia procedure). Results: all three patients were in the lowest level of energy, rated one out of eight and the treatment rebalancing the energy of Yin, Yang, Qi and Blood, using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture, moxibustion and using highly diluted medications to replenish the energy of the internal five massive organs using homeopathy medications according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine and crystal-based medications were very important tools used to replenish the energy of the organs and all the functions of glands, cells and systems were working better, the patient starts to urinate better, evacuating normally and reducing the size of the clothes. Conclusion of this study is that patients with obesity symptoms have energy deficiency in the five internal massive organs and the treatment rebalancing and replenishing these energies using highly diluted medications is of paramount importance to treat the cause of obesity, in the energy level and not just treating the symptoms.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.