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## The scope of alternative medicine in the Kingdom of Bahrain

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Over the last two years, the National Health Regulatory Authority (NHRA) of kingdom of Bahrain has made a determined effort to promote Acupuncture Therapy, Ayurveda Medicine, Massage Therapy, Chiropractic, Herbal Therapy, Homeopathy Therapy, Naturopathy, Osteopathy Therapy, TCM, Biodynamic Craniosacral Therapy, Cupping Therapy, Reflexology Therapy and Unani Medicine. The decision no (33) was issued on 8<sup>th</sup> December 2018, to regulate the practice of complementary and alternative medicine professional technical requirements for the licensing of private facilities. I will introduce (NHRA) vision, and all services provided under one roof, the NHRA has taken steps to bridge the cultural gap by making health team more involved to public needs and to empower licensed practitioner and not passive receivers. This presentation aims to provide a brief overview on the statistics of health care sectors in Kingdom of Bahrain between 2016 and 2018. Finally I will introduce the scope of complementary and alternative medicine in Bahrain, and the challenges of NHRA that facing for alternative and complementary medicine in Bahrain.

### Biography

Namat Alsubaie has completed MSc Quality Health Care Management, Royal collage surgeon, Ireland (RCSI) on 2011, and get certificate for cupping therapy from Sharjah international holistic health center 2018, also she is certified Auditor and jurisdiction officer at NHRA. She gained a comprehensive experience in alternative medicine through searching regulating alternative medicine different professions. Currently she is chairperson for the advisory committee on licensing of Alternative medicine and complementary medicine committee and equal opportunity committee (supreme council of women (SCW) Bahrain and GCC Alternative and complementary medicine committee since 2015 till date.

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