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### Medical astrology: Cosmic healing technique

Astrology is one of the main branches of Vedic astrology. As per medical astrology, one's health is dependent on his/her ascendant sign, moon sign and on placement of nine planets in the birth chart. In a birth chart we have 12 houses and each house depicts the part of the human body. Also the 12 zodiac signs show different body parts of Kaala Purusha. The 'Kaala Purusha' or the 'Cosmic Man' is a deep concept of Vedic astrology and can be explained in many ways. Information needed to prepare Natal or Birth Chart is: date of birth, accurate birth time, place of birth (city, state and country). What is a natal or birth chart? A natal or birth chart is mathematically calculated to determine the precise position of the planets at the moment of birth. While the planets and stars act as our guides, they are also symbols and systems of energy that can help us discover deeper insights about which we are, and how we can change and transform our lives. When viewed from a psychological and therapeutic standpoint, the natal chart is a symbolic mirror of our character and soul.

Benefits of a Reading: Tool to understand any one's physical status; Gain perspective on personality traits, health, external environment and outlook on life; Recognize the health problem areas in your body and ways to overcome them; This reading can help patients to understand their needs and define the path they need to follow to be healthy.

### Biography

Narendra Gangadhar Umrikar has completed his Bachelor of Engineering in 1992 and PhD in 2010 from The Open International University for Complementary Medicines. He is the Director of Vastu Spandan, a premier Astro-Vastu-Spiritual Service organization. He has published one Book, one Android application on Vastu Shastra and one Software of Mathematical Astrology predictions and has been serving as a trainer and consultant.

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