

August 27-29, 2018 | Paris, France

Constitutional facial Acupuncture™: The new protocols Acu-muscle treatment protocols for facial renewal utilizing the origin and insertion of the facial muscles

In a time when the abuses of the cosmetic surgery industry are rampant, with the associated endemic practices of Botox and other injectables, facial acupuncture, anchored by a constitutional treatment strategy, provides the individual endeavoring to address the visible signs of aging with a holistic, non-invasive and non-toxic alternative. The protocols in this seminar are based upon those found in Ms. Wakefield's book, "Constitutional Facial Acupuncture", which was published by Elsevier (UK), in 2014. The participants will learn: How to treat 12 problematic areas of the facial landscape with gentle and effective origin/insertion muscle techniques; Three levels of constitutional treatment: Jing: Eight extraordinary meridians; TCM patterns, syndromes, specific emotions and types of facial imbalances; Ying: Twelve regular meridians and five phases; their syndromes, addressed through Japanese, Vietnamese, TCM, and Ms. Wakefield's own, treatments; Wei: Tendino-Muscular meridians, trigger, motor and "Ashi" points, for "Coat Hanger" and "Wandering Skirt" syndromes, etc. Three Shen scalp points integrated with essential oils; Practical specifics: benefits, contraindications, general rules, treatment timelines, short and long-term effects, etc. A complete topical Chinese herbal treatment, featuring natural creams, element planetary essential oils, hydrosols, jade rollers, etc. Ms. Wakefield will provide a demonstration of the entire treatment protocol.

Biography

Mary Elizabeth Wakefield is currently working in the Chi-Akra Center for Ageless Aging New York at USA. Her research interests are facial Acupuncture, Chinese herbal treatment and constitutional treatment strategy.

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