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Ocular burning-smartphone and symptoms in university students

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Communication is one of the primary needs of young people, since technological evolution has generated the creation of devices such as smart mobile phones in order to entertain, communicate, and generate access to different sources of information. Most university students have a smart mobile device that they use in all their daily activities. The overuse of these smartphones can produce general and ocular symptoms. During 2017, we studied 204 university students in Bogotá - Colombia to evaluate symptoms by use of smartphone.

Age	
< 15 years	6.11 %
20- 25 years	91.60 %
25 years	1.53 %
> 26 years	0.76%

Table 1: Students' age - SPADIES 2016

Evidence showed changes in behavior such as decreased sleep time or stop eating. In this study we found general symptoms as: headache, pain in hands and shoulders, blurred vision, photophobia and ocular burning.

Biography

Alejandra Mendivelso Suárez is a assistant professor at El Bosque University Bogotá and KOL for Coopervision in Colombia. Alejandra did her education in magister vision sciences at University of La Salle. She is also an optometrist at University of La Salle. Alejandra relevant course work includes El Bosque University - course in scientific writing and evaluation in research; University of Oklahoma - Designing courses for significant learning, etc.

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