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Resources management for older people with dependency: A challenging role for families and communities in Thailand 4.0

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The older people with dependency are those who lose their ability to function physically, mentally and cannot help themselves in their daily activities. They need caregiving from caregivers, family and community to provide resources provision and to increase the caregiver's ability coping with problems and needs in order to the expected health is to be healthy. This study aims to learn resources management approach that can be applied to caregiving for older people with dependency properly and effectively. An analysis shows the results that caregivers must be able to manage their sandwich roles, families must have good potential to support and there were many caregiving models in the urban, semi-urban and rural area of communities, therefore, they needed to manage the good deeds resources and accessibility. The author convinced that potential by empowering caregivers, families and communities that is an important turning point supporting quality of care and well-being except for these older people with dependency living alone.

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