# **conferenceseries.com**

### Joint Meeting on

## 30<sup>th</sup> International Conference on **PSYCHIATRY AND MENTAL HEALTH** & 25th COGNITIVE NEUROSCIENCE CONGRESS

November 12-13, 2018 Dubai, UAE

### **Evolving leadership mindsets**

Steve Jeffs Liverpool Universtity, UK

Evolving leadership requires a shift in mindset! Specifically, a shift from an external individual perspective to an internal individual perspective to an internal integrated view. This transition parallels conceptual shifts in our understanding of leadership, moving from the internal traits of a 'Big Man' to our modern, multifaceted understanding that addresses authenticity, charismatic/transformational, shared and relational definitions of leadership. As a researcher and executive coach, I am seeing this shift emerging from a cognitive redefinition of leadership and leader identity. Working with a model of Strategic Interdependence, we will explore how it empowers individuals to identify and select a mindset that supports adaptive and positive responses to emerging situations. As individuals evolve their mindset, possibilities open up to build trust, connection, authenticity and to increase work joy.

#### **Biography**

Steve is a multi-award winning senior leadership coach recognised and respected across the Middle East. With his intimate understanding of human psychology and performance management, he has an unparalleled ability to bring out the very best in each person he works with. Steve holds Faculty positions with a number of globally recognised coach training schools. He has also held elected Board level positions in the International Coaching Federation, Dubai Chapter. Steve maintains registration as a Psychologist and uses his understanding of human psychology in support of his clients. He is passionate about the application of positive and solution based thinking to create peak performance at individual, team and organisational levels. Steve provides insight and support to help leaders create synergy within teams by attending to task and relationship outcomes. Steve is also the resident Chief Scientist for People Acuity. Inc. based in the USA and is an integral part of the research team exploring the application of strengths focussed solutions to increase organisational performance, trust and Work Joy. Steve is completing Doctoral level research into the application of shared leadership within organisations.

stevejeffs@gmail.com

Notes: