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Healthcare champions role to prevent and control infections in healthcare facilities by using advance strategies and to decrease transmission of infectious diseases from healthcare workers to patients and vice versa is very crucial. We will understand why hand hygiene, isolation precaution and correct use of personal protective equipment (PPE) during the patient care are important, to reduce healthcare associated infections and Occupational health hazards. We shall share how to reduce needle stick injuries by using FOCUS-PDCA Model in healthcare workers. We shall discuss about post exposure Interventions to infectious disease in healthcare field and how to prevent and treat employee and will share guidelines for work restrictions to employees suffering from infectious diseases like Meningococcal Meningitidis, HAV, HBV, HCV, HIV, MDRO, RSV, Varicella, TB and Influenza. According to centers for disease control and prevention (CDC), in 2014, results of a project known as the HAI Prevalence Survey were published. The Survey described the burden of HAIs in US hospitals, and announced that, in 2011, there were an expected 722,000 HAIs in US acute care hospitals. Additionally, about 75,000 patients with HAIs died during their hospitalizations.

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