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### Joint Meeting on International Conference on BIABETES AND CHOLESTEROL METABOLISM

International Conference on

# OBESITY AND CHRONIC DISEASES

October 15-17, 2018 Dubai, UAE



Apurva Vyas

Radiance hospital, India

### SILS for sleeve gastrectomy

This study consists of single incision laparoscopy surgery for bariatric patients. It includes 120 patients with BMI ( $40+5 \text{ kg/m}^2$ ). All the patients included were operated for sleeve gastrectomy. It includes single incision over umbilicus through which multiple trocars were used for gastrectomy. During first year, duration of surgery was around 120 minutes. But with experience and synchronisation of both surgeon and asistant gradually duration was around 40 minutes. Postop recovery is comparable with great cosmetic benefit and no postoperative incisional hernia noted in any patients tracked 5 years postoperatively. On the basis of this study SILS is advised for any patient to undergo sleeve gastrectomy and specially in young female patients.

#### Biography

Apurva Vyas has extensive experience in obesity surgeries and has a record of performing the highest number of laparoscopic surgeries in Gujarat, India. He has performed more single port surgeries (SILS – Single Incision Laparoscopic Surgery) than any other doctor in India. His laparoscopic surgical video papers were awarded the best surgical videos in conference at Singapore in the year 2010-2011.

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