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DIABETES AND CHOLESTEROL METABOLISM
&
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Siemens Healthineers, USA

Polycystic ovarian syndrome and the importance of ultrasound imaging

PCOS-Polycystic Ovarian Syndrome is a metabolic disorder that effects the hormones and endocrine system. This disorder affects so many young girls and women, it is said that 1 in 10 women of childbearing age have it and may not know it. Symptoms range from infertility, being overweight, cardiovascular issues, acne, unwanted hair, etc. Many specialized medical providers can treat PCOS patients but the beginning starts with Ultrasound imaging and lab work for diagnosis. Ultrasound provides images of the ovaries to understand if cysts are present.

Biography

Keshena has a Bachelors of Science in Radiology Technology. She has worked as a Radiology Technologist for over 7 years. She has experience in a variety of positions including leadership. She currently works as a Clinical Education Specialist for Siemens Healthineers. She is also a respected independent author publishing a part memoir, part informational non fiction book about her journey with PCOS(polycystic ovarian syndrome) called "I Kept My Smile, From A Girl To A Woman With: PCOS". Her passion is self-love, patient care, raising awareness for PCOS, and to support and encourage women and young girls with PCOS to be fearless and take control. She is also a motivational speaker and has written publications in her career field and the PCOS community.

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