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Interventions for preventing childhood obesity in African-American children: A critical review



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Report suggested that the dramatic increases in childhood and adolescent obesity that occurred between 1980 and 2000 may have plateaued in the United States. The descriptions are conflicting but to confirm the decrease of obesity, evidence has emerged from nine countries including the United States. Statements recommended that the rise in the prevalence of childhood obesity has slowed appreciably or even plateaued. However, the research is vague among ethnic minorities and the economically disadvantaged. The results continue to draw attention to the increased risk of becoming obese and need for interventions of prevention in childhood obesity in African-American children of the United States.

The purpose of this study was to examine interventions for preventing childhood obesity in

African American children. The efficiency of interventions need to be designed to prevent obesity in childhood through lifestyle and social support by considering obesity intervention strategies. To examine the gap of the interventions for preventing childhood obesity in African-American children in the literature, obesity prevention interventions specifically targeted at preventing overweight and obesity in African-American children is necessary.

Biography

Ellie Abdi is a Faculty and Researcher at a School District in the US, and also in two French and two American Universities. She is an Elected VP of Physical Education in New Jersey and now is an Elect-Chair of Diversity for SHAPE-America, who advocates before congress in DC. She is an Editorial Board Member of International journal, a Review Editor for a Swiss Journal in addition to Elsevier and an Invitee Member of Scientific Committees. She is a Presenter of many papers, keynotes and workshops, who has published many research, interviews and articles in various journals and sites. She is an Author of two books and contributed several chapters in few books.

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