

5<sup>th</sup> International Conference and Expo on

# ***Novel Physiotherapies***

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## **2017 scientific research on effect of wearable posture products & foot orthotics in muscular skeletal system**

**Romina Ghassemi**  
D.C. USA

In 2017 your patient demographic's common denominator is not the flue, technology induces symptomatology, silently robbing ones health and wellness, a precursor or degenerative arthritis. Prolonged Texting, Computer use, Standing, Sitting or Driving is causing a rise in loss of time from work, increase pain, and accelerating rate of Degenerative Spinal Joint diseases. Learn the clinical presentation, evaluation, diagnosis and treatment of an unhealthy biomechanics and its impact on muscle firing. The compound effect of Gait interruption and Poor Posture in most recent sEMG studies, can impact the response of the body in the rate of muscle fatigue, balance and overall response to physical rehabilitation, biomechanics change and alter the course of daily wear and tear on the joints, discs and muscular system. A different approach to patient's care and the impact of the biomechanics Kinetic chain and its, functional expression from Feet to Head. Learn the basic steps of patient consultation, bio-mechanical examination, and incorporation of a conservative treatment plan in reducing the underlying cause of spinal symptoms and long term degenerative changes. This work shop, is designed to be informative and usable in clinical practice for Orthopaedic and Sports Physicians, Physical therapists, Podiatrists, Chiropractors, Occupational therapists, Professional Trainers. Note links are available to attending participants.

drg@bax-u.com