

International Conference on
GASTROINTESTINAL CANCER AND THERAPEUTICS

4th World Congress on
DIGESTIVE & METABOLIC DISEASES

26th Annual Congress on
CANCER SCIENCE AND TARGETED THERAPIES

October 29-30, 2018 | San Francisco, USA

My innovations for sure cure on diabetes

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As we know that we have come here to discuss for diabetes cure and eradications. After the discovery of insulin in 1921 our mind only focused around the Insulin and there is no results found to cure diabetes by insulin as yet complete. Insulin is the only remedy to control the sugar in the body but, it failed to cure diabetes and self-generating insulin by the pancreas. As per the World Health Organization (WHO), diabetes is a group of metabolic diseases characterized by hyperglycemia resulting from defects in insulin secretion, insulin action, or both. Through my personal research and reading some physiologies books name (1) International fourteen Edition, Review of Medical Physiology by William F Ganong San Francisco (2) Medical Physiology Fifth Edition by C.Gayton Philadelphia London (3) Human Physiology by Dr B Saha, and Dr C Saha Kolkata (4) Fundamentals on Biochemistry by Dr AC Deb Colkata and other books. I can say that we can cure and eradicate diabetes in two ways: (a) By chew Path (b) by filling deficiencies.

(a) By Chewing path: As we all know that diabetes is a metabolic disorder. I want to say that the metabolism process takes place only inside the body. In other words, we can say that it is chemical change take place inside the body because when we eat food then it changes the shape, color & chemical change at the time of digestion. When we take food and any substance in our mouth then it starts to mixes, dissolves and digests with the saliva. Our saliva contains many types of enzymes. Now I focus upon only 3 enzymes for diabetes (1) Amylase (2) Lipase (3) Trypsin. As I found in physiological books that salivary amylase and lipase as we know the beta cell of the pancreas secretes insulin. Insulin contains three types of enzymes:

- Amylase: Amylase converts all starch into maltose.
- Trypsin: Trypsin converts peptone into amino acids.
- Lipase: Lipase converts fat into glycerol and fatty acid.

Lingual lipase is same as pancreatic amylase and lipase and stomach also secrete gastric lipase and trypsin. It is clearly written in Human Physiology book By Dr S Saha that Insulin contains 3 enzymes (1) Amylase (2) Lipase and (3) Trypsin. Hence, I can say with full confidence that by chew method we can cure diabetes because I tried this method on many diabetic patients and they were cured and they did not require any medicine for 10 years. We must masticate food not less then 70 to 80 times and we must eat our food for 25 to 35 minutes because in our body some hormone takes 20 to 30 minutes to secrete. For example, we can take leptin hormone it takes 20 to 30 minutes to secrets this hormone is responsible to send a message to our brain that our stomach is filled or we are satisfied with the food. If we will eat our food faster then there will be no secretion of leptin hormone and no message will be come out to our brain then we will eat more food and saliva will not be mixed with food and as result, any kind of hormones will not function properly. We should not talk at the time of eating because by this process our saliva is disturbed and our metabolic process is also affected badly. We must chew the water and liquid and take meal timely. My method is fit for any kind of metabolic disorders.

(b) By filling the deficiencies: By researching on books and website, I found that some substances are also disturbing for insulin secretions:

- Borax: Borax stimulates the production of hormones and stabilizes estrogen consist of Insulin use and blood glucose control. Daily requirements of borax in human is 1 to 2mg
- Sulfur or cysteine: Sulphur is needed for insulin production, Insulin control carbohydrate metabolism but insufficient sulfur makes harder for the pancreas to produce enough insulin and makes cells able to absorb things from the blood contributing to blood sugar problems. A requirement of sulfur in human is 400 to 800mg per day.
- Chromium: Chromium helps to move blood sugar (glucose) from the bloodstreams into the cells to be used as energy and to turn fats carbohydrates and protein into energy. A daily requirement, of chromium, is 50 to 200 mcg.
- Bile Salt: Bile salt increases the function of the pancreas. I prepare a combination of this substance. It needs analysis, test, and clinical trials and considerations to develop the technology to cure diabetes.