

International Conference on

GASTROINTESTINAL CANCER AND THERAPEUTICS

4th World Congress on

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DIGESTIVE & METABOLIC DISEASES

26th Annual Congress on

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CANCER SCIENCE AND TARGETED THERAPIES

October 29-30, 2018 | San Francisco, USA



Vaidya Balendu Prakash

VCPC Research Foundation, India

Observational clinical study to note the impact of the ayurvedic mineral complex in pancreatitis patients

Pancreatitis, an inflammatory disorder of pancreas, is mainly categorized into acute and chronic form. While chronic pancreatitis is irreversible and progressive, even a single attack of acute pancreatitis can convert into chronic pancreatitis. The disease brings substantial physical, emotional, psychological and financial burden to patients and their families due to its unpredictable nature. The disease is also associated with early mortality. India reportedly has the highest incidences of pancreatitis. Owing to the limitations of modern medicine, many patients of pancreatitis turn to alternative and complementary medicine. In India, it is more so where many alternative systems of medicines are officially recognized as independent medical systems along with modern medicine. An Ayurvedic Mineral Complex (AMC) developed by an Ayurvedic physician brought miraculous recovery in a terminally ill patient of pancreatic cancer. The same formulation also showed repeated success in treating Pancreatitis patients. The practice was subjected to documentation following Good Clinical Practice guidelines since 1997. Till date, nearly 620 well-diagnosed cases of pancreatitis have opted for this treatment at their own expense. Results indicate that AMC brings significant reduction in weight loss, number of attacks and hospitalizations and improves weight. The patients were off all pancreatic enzymes after the start of Ayurvedic treatment. Safety studies have shown that AMC causes no Grade II toxicity. In an experimental study, AMC has shown a significant protective effect in animal models of pancreatitis. There is strong *Prima facie* that AMC brings sustainable complete relief to pancreatitis patients. However, further studies are required for understanding and development of the formulation.

Biography

Vaidya Balendu Prakash, born on March 14, 1959, at Meerut. He completed his university graduation in Science and Ayurveda medicine, learned applied aspects of Rasa Shastra from his father Vaidya Chandra Prakash, set up Vaidya Chandra Prakash Cancer Research Foundation (SIROs) to carry basic research in Ayurveda under the patronage of Late Dr KR Narayanan (Former President of India). He is the first and only Ayurvedic physician to get the Life Membership of Indian Co-operative Oncology Network (ICON) and is a member of the International Headache Society (IHS), UK.

balenduprakash@gmail.com

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