

GASTROENTEROLOGY AND DIGESTIVE DISORDERS

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Prevalence, clinical characteristics and management of gastroenterology: An over view of the common and unusual GIT disease presentations with case studies from UAE

20% of people in the UAE are suffering from gastrointestinal problems because of obesity, poor diets and close marriage. Acid reflux, ulcerative colitis and irritable bowel syndrome are increasing in recent years. There are also a high number of sufferers of fatty liver, caused to a large extent by the excessive consumption of sugary drinks. Obesity is an issue that can affect the UAE's development as a nation and needs to be managed immediately and effectively, vague discomfort is usually the only symptom of a fatty liver. Low fiber diets, lack of exercise and consuming large amounts of food and dairy products are responsible for the majority. Genetics combined with obesity are responsible for people suffering from many disorders. A case of fatty liver, if ignored, might escalate to an advanced liver problem later in life. During our practice in UAE we came across many rare and unusual disease presentations that were missed because of either lack of awareness or failure to check detailed history including family history and proper physical examination. These diseases included: IGG4 related diseases, Cowden disease, tylosis, hyper elasticity syndromes, Behcet disease, vascular compression syndromes, neuroendocrine tumors and mesenteric panniculitis. One fifth of the population in UAE suffers from gastrointestinal diseases including obesity, reflux disease and fatty liver. Rare and unusual disease presentations are frequently missed because of lack of detailed history taking including family history and failure to do full clinical examination.

Biography

Makki Hummadi Fayadh is a senior consultant Physician & Gastroenterologist- Hepatologist & Endoscopist both in Iraq & UAE. He was graduated from the Medical College University of Baghdad and completed his Post graduate studies in Medicine & Gastroenterology in UK-London. Became a member of MRCP UK and worked in Saint Bartholomew's hospital in London in the Gastroenterology department with Sir A.M.Dawson, during that time trained in endoscopic techniques and did research on malabsorption especially celiac disease, colitis, bile stone dissolution inflammatory bowel diseases & gastrointestinal lymphomas. He joined in Advanced Center for Day care surgery-ACDS as a consultant physician gastroenterologist & Medical director.

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