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Importance of developing skills of Dementia care workers for providing palliative care in Dementia

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Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual.

Palliative care is an approach which best endorses the aims of person-centred Dementia care. Dementia being a progressive irreversible clinical syndrome characterised by widespread impairment of mental function which may include memory loss, language impairment, disorientation, personality change, difficulties with activities of daily living, self-neglect and psychiatric syndromes requires a 360 degree care. Proper and accurate professional care plays a crucial role in dealing with patients with Dementia and their families and for this reason proper training and developing skills of Dementia Care workers is very important. Here, we will discuss the core features of good dementia care training and how they lead to good Dementia care. We will also discuss if the provision of training actually reduces the burden of caring for a family member with dementia by the family care giver as the family care givers play a vital role in the support of people with Dementia.

Biography

Sangeeta Semwal has completed her Masters in Clinical Psychology at the age of 23 years from Barkatullah University, Bhopal, India in 2008. At present, She is the director of Saathi Care & Nursing Pvt. Ltd. a company dedicated to wellbeing of elderly with and without Dementia. She has been actively working in the field of mental health from last 7 years and dedicated to Elder care from last 2 years and 10 months. Prior to Elder Care, she was involved in Special Education and Counselling for Army personals.

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