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Live-in specialized caregivers: Do we really need them in Singapore?

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Many do not realize the daunting challenge that they will undertake when caring for elderly family members who wish to age-in-place, in the familiar environment of their homes. Elderly care recipients require intense levels of attention to cater to their unique needs, which inevitably adds on to your commitments. Over time, it often leads to increasing stress, anxiety and erratic levels of attention for the care recipient. Consequently, a significant number of families have enlisted the help of Foreign Domestic Workers (FDWs) to care for their elderly loved ones. However, it has been estimated that more than half of these workers do not possess the requisite experience and or training to care for the elderly. CARE seeks to provide high quality, state-of-the-art trained caregivers at affordable rates to the elderly and their families. Our meticulously designed recruitment policy identifies the most outstanding are givers. It also involves a rigorous training program to ensure that each caregiver is well equipped with requisite skills and understands the nuances of caring for the elderly. All of our specialized caregivers have been trained and assessed in our Care Institute, located in their country of origins-namely Myanmar, Philippines and India. Our caregivers are required to achieve high standards in their assessment, which are benchmarked against eldercare homes and community-based services in Singapore. They are competent in providing assistance in many fundamental areas of eldercare that relate to daily living such as hygiene, nutrition, ambulation and cognitive stimulation. Additionally, they possess the necessary experience skills to care for persons with dementia, cancer, stroke, Parkinson's disease and other ailments that commonly afflict the elderly. CARE specialists are professionals who have gone through a rigorous selection and training process. What sets a CARE specialist apart is the unique 360° CARE model that extends beyond being a training tool. Specialists are trained by experts in the healthcare sector and are equipped with skills that ensure that they deliver client-centered care of the highest quality. It also creates a learning environment that shapes confident specialized caregivers with interpersonal, critical-thinking and personal care skill.

Biography

Satyaprakash Tiwari has spearheaded and operationalized three Voluntary Welfare Organizations (VWOs) piloted the first home help service and dementia day care center and developed numerous community-based programs and initiatives in Singapore. He is a Senior-Level Executive in VWOs and has earned a formidable reputation in relation to his expertise in initiating and institutionalizing significant programs with highly effective management skills, and ability to develop longstanding commercial, inter-agency and client relationships.

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