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A case study on the successful transition for seniors living with Alzheimer's disease from an aged care residential facility to a domestic environment

Emily Gillett The CareSide, Australia

A lzheimer's disease changes how seniors interpret their environment. Names, places and people they know become unfamiliar, leading to disorientation, stress and isolation. The CareSide has worked with a large number of clients and their families to ensure this disorientation is minimized, specifically by supporting ageing at home. I would like to present 2 case studies where we have moved seniors from the traditional nursing home back to their domestic home environment. I will outline the planning and transition stages and how ultimately this has had a positive outcome on the clients and their families.

Biography

Emily Gillett began her career as a Registered Nurse and then quickly moved into general management, followed by strategic consulting and Project Management in Health services. She has completed an Executive MBA at the University of New South Wales and a post grad in OccHealth. Inspired by personal experiences with family members living with Alzheimer's disease, she decided to use her diverse set of skills in Health Management to cofound The CareSide (www.thecareside.com.au) - a fast growing company that provides In Home Personal Care and Nursing Services for Seniors in Perth, Australia. Emily is the Director of Care Services at the CareSide. Her main responsibility in this role is to ensure quality care is provided to clients and their families living with physical and cognitive health challenges.

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