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Parkinson's disease: Root cause analysis and ways to handle the trauma

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Parkinson's disease (PD) is a non-curable (so far) disease that comes down as a trauma to the victim and his family and relatives. There is only one way to handle the traumatic situation that is through the discovery of the positive sides of the disease. At this event, we (self and wife) would like to discuss these ways to meet the situation with utmost mental courage and determination never to accept defeat. In this connection, we always keep the story of Robert Bruce in the forefront of our minds. Robert achieved success in the nineteenth time after seeing a spider falling off from the roof of a cave but climbing up again, reaching the rooftop but again sliding down but not giving up. He used his fine but strong spider web to achieve his goal and ultimately success. When we remember the story, we feel we have a much more strong web today in the form of medical science, so there is no cause for anxiety. We have to utilize it to the best. When all medicines for relief of the disease failed, we opted for expensive and risky Deep Brain Stimulation (DBS) of the Brain when two electrodes are placed at the most sensitive part of the brain called Sub Thalamus Nucleus (STN). This is shown in the MRI images taken in my wife's brain. Parkinson's disease is a highly destabilizing disease and comes down like a curse not only to the victim but to his or her family members and relatives. It is incurable and tends to destroy the quality of life. Therefore, the affected family and the victim should not surrender, instead should accept this as an opportunity to invent and practice new systems in their daily life that will overshadow the ill effects of the disease. Activities like regular get together of family members, friends, well-wishers, celebrating birthdays and anniversaries should be held regularly. Visits to nearby tourist spots, picnic etc will help to overcome the drudgery and infuse freshness in the mind of the victim.

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