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Depression, marital dissatisfaction and problem drinking among adults in Republic of Korea**Myeong-Sook Yoon and Wan-Kyeong Park**
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Statement of the Problem: This study is aimed to investigate the mediating effect of depression between marital dissatisfaction and problem drinking among married men and women in Republic of Korea. People with alcohol problems report low confidence about resolving marital disagreements with their partner. High family conflict and low levels of family cohesion and support increase the likelihood of problem drinking and depression.

Methodology & Theoretical Orientation: The subjects of this study are 724 married men and women aged 20-49 years old. AUDIT-K, marital dissatisfaction scale, patient health questionnaire (PHQ-9) was used for assessment. Collected data was analyzed by AMOS 22.0.

Findings: Marital dissatisfaction had a significant relationship with depression, but marital dissatisfaction did not show a significant association with problem drinking and depression fully mediated the relationship between marital dissatisfaction and problem drinking.

Conclusion & Significance: Depression in married men and women was a significant variable for marital relationship status and problem drinking. The implications and limitations of these findings are discussed, and directions for future studies are proposed.

Biography

Myeong-Sook Yoon is the Founder of Korean Addiction Forum and now Co-President of the Korean Addiction Forum. She is also a Committee Member of Korean National Gambling Control Commission. She has been working in addiction field since 1987, as a pioneer in Korea and has worked for many national projects. She is a former President of the Korean Association of Social Work Practice and Research and Korean Academy of Mental Health Social Work, Korean Association for Psychosocial Rehabilitation. She is a certified Mental Health Social Worker (Level 1) and certified Drug and Alcohol Therapist, certified Addiction Supervisor and certified Addiction Social Worker (Level 1).

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