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## Impact of a designed interpersonal problem-solving intervention on interpersonal problem-solving skills and self-esteem among patients with schizophrenia

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Effective interpersonal problem-solving skills have been identified as essential aspects for successful functioning in daily life. Patients with schizophrenia suffer significant psychosocial skills deficits which pervade all stages of illness. The ability to resolve interpersonal problems is a key aspect of the social functioning of adjustment, it is a skill in which many patients are deficient. However, a poor social competence is thought to be associated with less adequate behavior and vulnerability to relapse. If those patients learn interpersonal problem-solving skills from a systematic method and successfully apply them in their daily life, then the beliefs about self-competence in handling regarding interpersonal problems will develop and improve their adjustment and self-esteem. This study aimed to determine the impact of the designed intervention program on interpersonal problem-solving skills and self-esteem of schizophrenic patients.

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