

Mental Health, Psychiatry and Wellbeing

March 20-21, 2019 | New York, USA

ACCEPTED ABSTRACTS

INTERNATIONAL JOURNAL OF EMERGENCY MENTAL HEALTH AND HUMAN RESILIENCE 2019, VOLUME 21

DOI: 10.4172/1522-4821-C2-030

Suicide, spirituality, and religion: What are we missing?

Dan BanosCalifornia Southern University,
USANEWSTART Psychology &
Counselling, Australia

This research investigates the current literature in relation to aspects of religious spirituality applicable to the field of suicidology. This is a theoretical study, that utilizes a hermeneutic approach to apply religious spirituality concepts to suicide prevention, in line with the Integrated Motivational-Volitional

(IMV) model. Applying the lens of the IMV and Durkheim's Social Integration Theory, results are extrapolated to an Australian context. Due to the extrapolation of results, findings are very relevant to American cohorts. This research's findings provide conceptual support for the inclusion of religious spiritual interventions in the assessment and management of suicidality. The themes of religious spirituality as a protective factor, and as an aspect relevant for inclusion in clinical practice, are significant. Specifically, aspects of belief system and behavior congruency, community and belongingness, positive regard

for God, and coping mechanisms, are identified as protective factors against suicidality that are significant. Likewise, the need for clinician's respect for the client's interpretation of their religious spirituality, and the requirement for therapists to be educated in aspects of religious spirituality in clinical interventions, are significant aspects found in this study. Recommendations for further research and clinical application are presented related to the integration of religious spirituality in the assessment, management, and treatment of suicidal clients.

danielalisa_banos@hotmail.com