

Mental Health, Psychiatry and Wellbeing

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KEYNOTE FORUM | DAY 1

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Cultural-dialogic interdeterminist perspective for mental health and well-being

Statement of the Problem: The static, fragmentary nature of the existing approaches to the mental health and wellbeing problems, which cannot grasp the dynamic and heterogeneous nature of changes in the external natural and social environment, is stated. Author's attempt to extend the problem of this problem field vision horizons offers cultural-dialogic interdeterminist metatheory of psychological knowledge integration. Based on the determinist and indeterminist directions of scientific thought analysis is proved the epistemological heuristic potential of the cultural-dialogic interdeterminist approach. For this task solution was introduced epistemological construct "cultural-dialogic interdeterminism" allowed to analyze phenomenology in the context of quality, acquired by the whole and not reducible to the simple sum of its constituent parts. It articulated

the necessity of mental health and wellbeing phenomenology multidimensional consideration in the spaces of heteroqualitative natures, psychic spheres and behavioral determinants in their cultural conditionality and qualitative specificity. This phenomenology is viewed from the heterogeneous dynamic systems approach standpoint. Theoretical and empirical explanations and evidence of cultural-dialogical interdeterminist metatheoretical approach innovativeness for the analyzed phenomenology understanding deepening is presented.

Findings: A demonstration of the dialogic inter-determination specifics was shown on the example of the alcoholic's bio-psycho-social adaptation. It is a sociocultural-interdeterministic dialogic process of harmonizing natural, biological, and psychological states, socio-cultural dispositions, aimed at achieving balance (physiological, psychological, existential) in interaction with the immediate and mediated social and natural environment. The efficiency of



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the approach is demonstrated by the examples of teacher's professional deformation and risky behavior prevention, patients with chronic pain treatment, migrant's cultural integration, and adaptation, etc.

Conclusion & Significance:

The cultural-dialogical interdeterministic approach to the mental health and wellbeing phenomenology allows to provide a comprehensive solution to wide range problems that modern society faces. Recommendations are made to develop comprehensive treatment programs for various fields and services.

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Biography

Vladimir A. Yanchuk has long-term experience in the development of theoretical and methodological foundations for the social phenomenology in general and mental health and wellbeing in particularly understanding deepening and expertise

practice in improving the health and wellbeing. The author of the methodological integrative-eclectic approaches for social phenomenology analysis improved for Cultural-dialogic interdeterminist approach, actualized in metatheory of psychological knowledge integration, which ideas and applied aspects were realized within the

framework of the wide range research field. This meta approach is responsive to all stakeholders and has a unique way of focusing. For merits in development of science and education of Belarus is awarded by Francisk Skorina medal.

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